

SPA LE BRISTOL  
by **la prairie**  
SWITZERLAND

Welcome to Spa Le Bristol by La Prairie, an invitation to serenity in the heart of Paris, far from the tumult of daily life.

In a soothing and refined atmosphere where time seems to stand still, we invite you to discover our luxury collection of face and body care by La Prairie, a pioneer in the field of cellular anti-aging therapies.

Opening onto a lush garden courtyard and bathed in natural light, Spa Le Bristol by La Prairie immerses you in a serene atmosphere suspended in time, where you will savour our exclusive protocols in the beauty and tranquility of our treatment rooms, or indulge in a romantic moment in a dedicated room for two. Extend your moment of absolute well-being with a relaxing tea or herbal infusion on one of our private outdoor terraces overlooking our peaceful French garden.

You will also discover the 100% natural philosophy of Tata Harper, who has reinvented organic well-being and designed a unique environment at Le Bristol Paris.

To honor the authenticity of our Russian baths, Le Bristol Paris introduces a Russian room, complete with a hammam and a heated marble massage table, so guests can benefit from our innovative Le Bristol signature treatments.

**la prairie**  
SWITZERLAND

La Prairie has created «the art of beauty» just for you. Imagine a unique skincare regime provided in a world of luxury, relaxation and absolute pleasure. Enjoy a warm, relaxing and regenerating ambience exclusively designed for beauty and well-being. Indulge in the sophistication of our Swiss cellular treatments, our exclusive skincare methods and personalised massage techniques. We offer solutions adapted to the unique needs of your skin in response to the demands of a hectic life.

**KOS**  
PARIS

Kos Paris Laboratory has designed four unique beauty oils for body and hair exclusively for Le Bristol Paris. The precious concentrates in these exceptional natural products evoke our Parisian Palace's most emblematic corners. Each exquisite oil reflects Kos Paris passion for scouring the world for rare plants with unique virtues and an ethical approach that respects the environment as much as the skin. For Le Bristol Paris, the Parisian laboratory designed a signature line based on natural and noble essences in the image of our hotel: refined, of the highest quality and inspired by nature.

  
**TATA HARPER**  
BEAUTE NOUVELLE GENERATION  
100% NATUREL & NON TOXIQUE

Tata Harper, a mother of three of Colombian descent, used her industrial engineering training to embark on a personal mission to design a line of 100% natural and non-toxic treatments. Her team of chemists and biologists research, design and manufacture her skincare line in a laboratory on her certified organic farm in Vermont. Using hundreds of high-performance ingredients produced both on the farm, and throughout the four corners of the world, they developed the natural skincare market's freshest and most effective formulae to eliminate the need for women to choose between beauty and health. For Le Bristol Paris, Tata Harper has designed an exclusive menu of skincare rituals to refresh, rejuvenate and tone the skin with all-natural, non-toxic products.

*Bonpoint*  


On the menu, a tender concentrate for the most sensitive skin, inspired by hypoallergenic, protective and natural product from the Bonpoint range. Fluid creams with cotton flower, delicately-scented natural oils and serums with orange blossom inspired our expert team to create exclusive treatments specially designed for the well-being of young and old, in close collaboration with Bonpoint. The protocols exclusive treatments specially designed for the well-being of young and old. The Kids' Club is also decorated in Bonpoint colors, to the delight of children.



## FACIALS

**CAVIAR LIFTING AND FIRMING FACIAL | 55 / 85 MIN | € 250 / € 320**

Pure luxury that instantly lifts and firms skin, giving it a perfect tone and texture. Caviar pearls and a Caviar infused face and eye massage transform even the duller complexions into radiant, luminous skin. A lifting and firming results-driven treatment, for all skin types, providing moisture rich hydration, essential nutrients and nourishment, leaving the skin, firmed, toned and silky soft.

**THE PURE GOLD RADIANCE FACIAL | 55 / 85 MIN | € 250 / € 320**

When Beauty is elevated to Grace. The Pure Gold Radiance facial addresses the needs of devitalised skin, leaving skin revitalised, replenished, and enriched. It ignites the skin with the radiance of pure gold, returning a glow to the skin that time has extinguished.

**WHITE CAVIAR BRIGHTENING AND FIRMING FACIAL | 55 / 85 MIN | € 250 / € 320**

Elegance and efficiency combined, this facial promotes an even skin tone by helping to prevent discoloration and bright the skin. With the added benefit of the Golden Caviar extracts the skin is firmer and more hydrated. Providing a more illuminated, smoother skin that enhances the complexion.

**THE PLATINUM RARE HAUTE REJUVENATION FACIAL | 85 MIN | € 460**

A Moment of Perpetual Rejuvenation. The Platinum Rare Haute Rejuvenation Facial triggers a halo of benefits across all skin layers, to fight all signs of ageing. It helps to activate collagen production, strengthen the skin's barrier, improves moisture balance and invigorates the skin's natural rejuvenating capacity, which diminishes as we age.





## TATA HARPER AU BRISTOL PARIS

LE BRISTOL PARIS, JEWELS OF THE OETKER COLLECTION, AND TATA HARPER, CO-FOUNDER OF THE EPONYMOUS SKINCARE BRAND HAVE IMAGINED A NEW 100% NATURAL SKIN BEAUTY RITUAL TO DISCOVER EXCLUSIVELY AT SPA LE BRISTOL BY THE PRAIRIE.

### **BALANCING & GROUNDING FACIAL | 55 / 85 MIN | € 235 / € 295**

Using singing bowl ritual and calm-inducing breathing this treatment encourages positive emotions to soothe your busy mind. A face mapping therapy and kinetique face massage melt away stress and tension. This warming experience will transport you on a sensorial journey.

### **SOOTHE & REST FACIAL | 55 / 85 MIN | € 235 / € 295**

Focusing on lymphatic drainage to ease physical tension while sleep enhancing breathing technique brings you to serenity. A truly soothing and calming facial is suitable for irritated or inflamed skin, helping to restore the skin's defence system. The result is a healthy complexion and a relaxed state of mind.

### **QUENCH & COCOON FACIAL | 55 / 85 MIN | € 235 / € 295**

Nurture and invigorate both skin and body with this revitalizing treatment including three different massage experiences. Starting with a tension releasing back massage, followed by an oxygenic face massage and finalized with a relaxing décolleté and neck massage. Your skin will be deeply hydrated and oxygenated, looking bright and healthy.

### **ILLUMINATE & ENERGIZE FACIAL | 55 / 85 MIN | € 235 / € 295**

Tuning fork ritual helps to revitalize your body by focusing on facial marma points to remove any internal blockages and stimulate the flow of energy. Your skin will be instantly brighter and refined with the use of natural multi-acid peel in this treatment. Targeted oxygenic massage will repair and strengthen the skin.

### **CLEAR SKIN & MIND FACIAL | 55 / 85 MIN | € 235 / € 295**

Starting with an invigorating foot treatment it relieves aches and pains, hydrates the skin and reduces swelling. A combination of manual and cupping face massage reinforces the skin's natural detox system, maintaining a long-lasting hydration level and clear complexion.



## PARENT & CHILD TREATMENTS

### **SOFT FACE TREATMENT** | 25 MIN | € 115 per personne

This facial and scalp massage will allow you to get away with your child, and find a radiant, fresh and luminous complexion. A final touch of hydration and here is a face softer and fresher than ever (children aged 6 to 12).

### **TENDERNESS FACE TREATMENT** | 55 MIN | € 205 per personne

It is never too early to learn the right healing rituals. You and your child will spend a moment of absolute relaxation thanks to a facial and scalp massage that will allow you to find your skin soothed with long-lasting hydration and protection, from external aggressions and ready to take on new adventures! (children aged 12 to 16).

### **SOFT BODY TREATMENT** | 25 MIN | € 115 per personne

Spending a moment of well-being and calm with your child is the promise of this body treatment. A back, neck, arm and leg massage will bring comfort and softness to your skin and protect it from lasting dryness. A relaxing head-to-toe experience for parents and children! (children aged 6 to 12).

### **TENDERNESS BODY TREATMENT** | 55 MIN | € 205

This treatment is an invitation to relax in softness and tenderness. A back, neck, arm and leg massage will give you a delicious soothing feeling. Your child will discover all the benefits of deep relaxation and will leave full of beautiful energy! (children aged 12 to 16).

### **MAGICAL GATEWAY** | 90 MIN | € 250 per personne

The Soft body care combined with the Soft face treatment, for an escape and total well-being, face to face with your child. A delicious interlude that continues around a snack created by Pastry Chef Pascal Hainigue and served in the children's favorite place: The Kids Club Le Bristol Paris x Bonpoint. Appeasement and gluttony are the key words of this moment of sharing of which only you will keep the sweet memory.

# MASSAGE COLLECTION

## > SIGNATURE MASSAGES

### **DEEP ENERGIZER** | 55 / 85 MIN | € 225 / € 285

Le Bristol Paris by KOS Paris

A true body workout focusing on the deepest layers of muscle tissue, this massage efficiently relieves tension through various techniques, such as warm-ups, kneading and stretching. This treatment will enhance muscle recovery and reduce physical stress related to the rigors of everyday life.

### **RELAX & REGENERATE** | 55 / 85 MIN | € 225 / € 285

Le Bristol Paris by KOS Paris

This massage enhances harmony between body and mind and provides a soothing sensation of well-being and muscle relaxation. After choosing among the purest oils, you will benefit from a personalized «tailor-made» massage to meet your specific needs of the moment.

### **«LIQUID GOLD» ORGANIC BODY MASSAGE** | 55 / 85 MIN | € 225 / € 285

Tata Harper

Experience total relaxation during this soothing massage, featuring the Tata Harper Skincare Liquid Gold: The exclusive Estate Grown Beauty Complex, made with herbs grown on Tata's Organic farm in Vermont. The Complex's vitamins, nutrients, and antioxidants will leave your skin feeling soothed and nourished, while circulation-boosting massage techniques calm your body and senses.

## > SPECIFIC MASSAGES

### **OSTEOPATHY MASSAGE** | 55 / 85 MIN | € 235 / € 295

Le Bristol Paris by KOS Paris

After determining your areas of tension and imbalance, our osteopath will effectuate a deep manipulation of your body to relax muscles and joints. This methodical massage provides well-being and relief.

### **FOOT REFLEXOLOGY** | 55 / 85 MIN | € 225 / € 285

Le Bristol Paris by KOS Paris

Based on ancestral Chinese medicine techniques, this treatment begins with a relaxing foot bath incorporating the soothing properties of aromatherapy followed by pressure exerted on the points and meridians to stimulate the elimination of toxins and restore your body's energy flow. This massage provides total relaxation for body and mind.

### **BODY SHAPING MASSAGE** | 55 / 85 MIN | € 225 / € 285

Tata Harper

The ultimate luxury for youthful radiance from head to toe. This complete age-defying body massage smoothes and firms to visibly enhance the elasticity and softness of your skin. A complex blend of Murumuru butter, vitamins and antioxidants tone and tighten the skin whilst also providing deep hydration and relaxation.

### **MOTHER'S MOMENT: BODY TREATMENT FOR MOTHERS-TO-BE** | 55 / 85 MIN | € 225 / € 285

Tata Harper

The perfect pampering moment for all mothers-to-be. A soothing full body massage using nourishing, 100% natural ingredients leave your skin soft and smooth, and relieve feelings of tension and heaviness. You will relish this precious moment of calm, relaxation, and support during a time of constant change.

### **LYMPHATIC DRAINAGE** | 55 MIN | € 260

Renata Franca ou Vodder

The lymphatic drainage is a draining massage that stimulates the organism in order to accelerate its elimination processes. The metabolism is accelerated, by a deep detoxification of the body and a real feeling of well-being. The silhouette is fitted, refined and sculpted.



## BODY EXFOLIATION

BODY EXFOLIATION TREATMENTS BEGIN WITH A PRIVATE 15-MINUTE HAMMAM SESSION IN LE BRISTOL PARIS RUSSIAN ROOM. TREATMENTS ARE PERFORMED ON A HEATED MARBLE TABLE, FOLLOWED BY A HYDROTHERAPY SHOWER.

### **EXFOLIATION WITH AROMATIC SALTS** | 60 MIN | € 215

Le Bristol Paris by KOS Paris

This invigorating scrub begins with a warm application of oils by Le Bristol Paris by KOS on your skin. This preparation, composed of sea salts and oils selected according to your specific needs, is methodically integrated into the epidermis with circular movements to eliminate dead cells and stimulate blood circulation, leaving your skin silky and luminous.

### **BEAUTIFULLY BUFFED: ORGANIC BODY SCRUB** | 60 MIN | € 215

Tata Harper

Feel perfectly polished from head to toe. The Tata Harper 100% natural body scrub, with a powerful blend of five biodegradable exfoliating particles, buffs and polishes to stimulate your skin and remove surface impurities for a soft, smooth, plump look.

*NB: according to your preferences and upon request, all of our body exfoliations can be offered in a classic treatment room.*





## PACKAGES

### SPARK OF RADIANCE | 2H25 | € 430

La Prairie

- Kos Massage (30 min)
- Instant Caviar Lift Facial (40 min)
- Express manicure and nail polish (45 min)
- Treatment room with private garden terrace (30 min)
- Booster cocktail by chef Eric Frechon

### PARISIAN GATEWAY | 3H10 | € 590

La Prairie & Le Bristol Paris by KOS Paris

- Relaxing bath and foot scrub with essential oils (20 min)
- Collection Massage of your choice (55 min)
- Collection La Prairie facial (85 min)
- Treatment room with private garden terrace (30 min)
- Le Bristol signature tea served with Chef Pascal Hainigue's sweet delicacies

### THE REFRESH: ORGANIC PACKAGE | 3H10 | € 570

Tata Harper

- Relaxing bath and foot massage (20 min)
- «Liquid Gold» Body massage (55 min)
- Tata Harper facial (85 min)
- Treatment room with private garden terrace (30 min)
- Chef Eric Frechon's detox juices and snacks

### THE BEAUTY OF THE SPIRIT | 2H35 | € 460

Tata Harper

- Hammam and essential oils Tata Harper (15 min)
- Tata Harper Facial (55 min)
- Meditation or reiki session (55 min)
- Privatization of the wellness cabin, tasting a Tata Harper tea (30 min)

### MIDNIGHT IN PARIS | 4H | € 650 per person

La Prairie & Le Bristol Paris by KOS Paris

- Two relaxing foot baths and foot scrubs with essential oils (20 min)
- Two Signature massages of your choice (85 min)
- Two La Prairie Signature facials (55 min)
- Private duo spa suite with private steam room, whirlpool, and garden terrace (60 min)
- Two glasses of Champagne served with savory canapés by Chef Eric Frechon or sweet delicacies by Pastry Chef Pascal Hainigue

### JUST FOR HER | 4H10 | € 695

La Prairie & Le Bristol Paris by KOS Paris

- Collection massage of your choice (55 min)
- Caviar La Prairie facial (55 min)
- Manicure / Pedicure and nail polish (90 min)
- Beauty La Prairie (20 min)
- Private treatment room with garden terrace (30 min)
- Glass of Champagne with savory canapés by Chef Eric Frechon

### JUST FOR HIM | 2H40 | € 540

La Prairie & Le Bristol Paris by KOS Paris

- Deep Energizing Massage (55 min)
- La Prairie Caviar men's skincare (55 min)
- Scalp massage (20 min)
- Private treatment room with garden terrace (30 min)
- Vitamin cocktail of fresh fruit or vegetable juices by chef Eric Frechon

NB: For packages, the removal and application of semi-permanent polish is not included.

# SIGNATURE RITUALS

## **BODY AND SOUL / BANIYA RITUAL** | 1H30 | € 390

Baniya 2H package | € 460

Tasting of the Bristol Mule cocktail (Vodka and Ginger beer), 3 salmon toasts

Tata Harper Salon Privatization 30 min

Savon du monde

Inspired by the various rituals of the world and Russian tradition, this personalized detox treatment focuses on working with your energy to relieve tension and regain balance between mind and body. Utilising the contrast between softness and strength, and linking inhalation and exhalation, the treatment begins with a gentle moment of relaxation and the friction of crushed ice in the heat of our hammam. You'll then discover hot veniks (infused birch branches) to stimulate your blood pressure and cardiovascular system, followed by venik compressions to boost the immune system, thanks to the wood sap and essential oils contained in the leaves. We finish with a body exfoliation with natural soap chosen for its emollient and softening properties, leaving your skin fresh and purified. A unique, intense and soothing experience that goes deep within to emerge a whole new you.

## **FOUR-HAND MASSAGE FOR THE BRISTOL TRAVELER** | 55 / 85 MIN | € 295 / € 395

Le Bristol Paris by KOS Paris

A moment of absolute relaxation! Our perfectly synchronized four-hand massage liberates your body of every tension. The combination of different massage techniques with wide and deep movements creates the sensation of total relaxation. Warm towel compressions, combined with the subtle fragrance of Le Bristol Paris by KOS oil, provide an incomparable feeling of well-being while enhancing joint flexibility.

## **BALANCING & GROUNDING FACIAL** | 110 MIN | € 375

Tata Harper

Using singing bowl ritual and calm-inducing breathing this treatment encourages positive emotions to soothe your busy mind. A face mapping therapy and kinetique face massage melt away stress and tension. This warming experience will transport you on a sensorial journey.

# WELLNESS

## **SOPHROLOGY** | First session 1H30 | € 250 | 5 sessions 55 MIN | € 950 | 10 sessions 55 MIN | € 1 900

Sophrology combines breathing, psycho-corporal relaxation, dynamic visualization and techniques to regulate thoughts and enhance one's physical and psychological balance. This psycho-corporal practice is essentially based on body relaxation, obtained through breathing exercises and visualizing soothing imagery.

## **REIKI** | 55 MIN | € 200

ReiKi relaxes the muscles, eliminates toxins, stimulates blood circulation and clears stress and fatigue. You will immediately feel a lasting body-mind harmony and serenity. Practiced regularly, ReiKi is a precious resource for quickly recharging your batteries, preserving your energy and maintaining fitness. You'll remain dressed, lying comfortably on a massage table to the sound of soft, relaxing music.

## **MEDITATION** | 55 MIN | € 200

Let yourself be transported by a soft and enveloping voice. Move closer to inner peace by emptying your mind, releasing the stress of daily life and attaining a state of deep relaxation. Studies have found that meditation has many measurable psychological and physiological benefits. Anyone can use this practice to boost health and well-being.

*NB: wellness reservation 48 hours in advance at the Spa.*

# BEAUTY

## BEAUTY FOR HANDS AND FEET

- Express manicure (Nail filing, cuticles and basic nail polish) 25 MIN € 60
- Spa Manicure (Nail filing, cuticles, hand scrub and massage and basic nail polish) 45 MIN € 110
- Express Pedicure (Nail filing, cuticles and basic nail polish) 25 MIN € 60
- Spa Pedicure (Nail filing, scrubbing, treatment of callouses, cuticles, massage and basic nail polish)\*\* 60 MIN € 110
- Nail polish\* € 40
- French nail polish\* € 45
- Manicure and semi-permanent nail polish 60 MIN € 150
- Pedicure and semi-permanent nail polish 60 MIN € 160

## WAXING

- Full leg 45 MIN € 120
- Half leg 25 MIN € 80
- Arms 25 MIN € 70
- Underarms 15 MIN € 50
- Bikini 30 MIN € 70
- Brazilian Bikini / Full 50 MIN € 130
- Eyebrows, Lip or Chin 15 MIN € 35
- Back 45 MIN € 90

\* We offer the nail polish of your choice.

\*\* All our pedicures are aesthetic treatments with no medical purpose.

## TINTING AND ENHANCEMENT

- Eyelash tinting 15 MIN € 60
- Eyebrow tinting 15 MIN € 60
- Eyelash enhancement and tinting 60 MIN € 200

## MAKEUP

- Light Fantastic La Prairie Make Up 30 MIN € 100
- Makeup Artist 60 MIN € 250

## HAIRDRESSING

### Room service

- Women
  - Shampoo € 50
  - Brushing € 200
  - Shampoo / Brushing € 220
  - Shampoo / Haircut / Brushing € 240
  - Hairdressing / Styling € 250
  - Evening hairstyle € 260
  - Bride Trial € 260
  - Wedding Hairstyle € 400
- Men
  - Haircut / styling € 170
  - Barber € 170



# FITNESS

## **PERSONALIZED FITNESS SESSION WITH PERSONAL TRAINER | 60 MIN | € 150**

Our personal trainers offer customized fitness programs tailored to your goals to improve your athletic performances or continue your fitness program away from home.

## **OUTDOOR CIRCUIT TRAINING | 60 MIN | € 150**

Le Fitness du Bristol offers outdoor fitness programs for those who wish to vary their usual routine while enjoying Paris' legendary sites. Our experienced coaches are happy to develop customized programs that combine the discovery of Paris with achieving your athletic goals.

## **REHAB STRETCHING | 60 MIN | € 150**

Le Bristol Paris offers stretching sessions; a complete activity that features slow posture sequences to loosen the joints and stretch the muscles of the body. Rehab stretching is ideal for alleviating jet lag.

## **YOGA | 60 MIN | € 140**

Our yoga teachers are at your disposal to help you discover and practice a yoga method to achieve physical and spiritual well-being. Yoga facilitates mental and muscular relaxation almost instantaneously and helps to develop suppleness and a spirit of perseverance and concentration over time.

## **PILATES | 60 MIN | € 140**

Pilates is a training method inspired by yoga, dance and gymnastics that helps to develop your deep musculature and improve posture and muscle balance. The principles of Pilates are concentration, control, core centering, breathing, fluidity and precision.

## **BODY RESHAPE | 60 MIN | € 140**

Sculpt, tone and slim your silhouette with this perfect sequence of exercises for incomparable results. This method is based on the concept of interval training alternating muscle building and core cardiovascular exercises to burn fat, stretch and lengthen your muscles and body.

*NB: the fitness and swimming pool are reserved for the hotel guests.  
Reservation 24 hours in advance at the Spa.*



# HOW TO ENJOY SPA LE BRISTOL BY LA PRAIRIE

## THE FITNESS ROOM AND SWIMMING POOL

ARE OPEN DAILY FROM 6:30 AM TO 10 PM

## THE SPA

IS OPEN DAILY FROM 9 AM TO 9 PM

## THE SPA'S KID'S CLUB BONPOINT CHILDREN'S AREA

IS OPEN DAILY FROM 9 AM TO 9 PM

### ARRIVAL AT THE SPA

We invite you to arrive 20 minutes before the time of your appointment. This will allow you to change in total tranquility and enjoy the Spa's facilities before your treatment (bathrobes and slippers are provided). Any delay will result in a reduction in the duration of your treatment without a commensurate reduction in price.

### GIFT VOUCHERS

A moment of absolute relaxation at Spa Le Bristol by La Prairie is the perfect gift for any occasion. Our gift vouchers, available at the Spa, are issued in the name of the recipient and valid for a period of one year. Vouchers may not be exchanged or refunded.

### SPA BOUTIQUE

To extend your Spa Le Bristol by La Prairie experience, a boutique area is at your disposal at the Spa reception desk, where you'll find the products used during your ritual, as well as a wide selection of swimwear and accessories.

### CHILDREN'S AREA

Our "Kid's club Bonpoint", children's play area is reserved for parents with an appointment for a spa treatment and the children of our Hotel guests. Kindly contact our hostesses so your child may take full advantage of this fun and educational space.

### HEALTH

We thank you for sharing any useful information about your health, allergies or injuries at the time of your reservation. A health questionnaire must be completed prior to any treatment. This procedure is mandatory in order to provide you with a service tailored to your needs. We recommend that you check with your doctor to confirm that it is safe for you to use the hammam before your treatment. Heat is not recommended for people with hypertension, circulatory problems, asthma or breathing difficulties.

### FITNESS

A personal coach is at your disposal for private lessons. For all reservations or information, please contact our Spa reception. We recommend that you book at least 24 hours in advance to ensure that the requested time slot is available. Children under 16 must be accompanied by a parent or a responsible adult.

### SPA PACKAGES

For additional information on our Spa Le Bristol by La Prairie packages or special group offers, please contact the Spa at +33 (0)1 53 43 41 67. Reservations must be made at least 24 hours in advance.

### PREGNANCY

We offer specific treatments for expectant mothers. Our Spa receptionists are able to guide you in choosing the best care for this special moment in life. Treatments can be booked from the second trimester of pregnancy.

### LOSS OR DAMAGE OF PERSONAL BELONGINGS

We do not accept liability for loss or damage of personal effects. We recommend you keep your valuables either in the locker provided in our locker room or in your room safe if you are a guest at the hotel.

### SWIMMING POOL

The pool, located on the hotel's 6th floor, is strictly reserved for Hotel guests. Children under 16 must be accompanied by a parent or a responsible adult. Bathrobes, towels and slippers are available at your disposal.

### CANCELLATION POLICY

Please note that the price of your treatment will be charged in full in the event of any modification or cancellation of your reservation made less than 12 hours before your appointment.

### HYGIENE RULES

For the sake of hygiene and cleanliness and to ensure the safety and health of our guests and teams, all of our equipment is cleaned and sterilized after each treatment and each use by our guests.

## RESERVATIONS

We strongly advise you to book your treatment at least one day in advance to ensure that the desired time slot and services are available. We will request a credit card number from non-Hotel guests to secure an appointment. For guests staying at the Hotel, a card confirming your appointment will be delivered to your room. Non-Hotel guests will receive an email or a confirmation call the day before an appointment.

## HAIRDRESSING SERVICE

Our hairdressing services in room are exclusively reserved for Hotel guests.

## ROOM SERVICE

You can request to have a massage, manicure or pedicure in your room. You can easily reach us to make a reservation by pressing the «Spa» key on your room telephone. An additional € 50 per treatment will be charged for this service. For any treatment provided outside the Spa's opening hours, an additional 50% of the treatment cost will be applied.

## CELLPHONES

Our Spa is a place of calm and relaxation. To respect the tranquility of all of our guests, we kindly ask you to turn off your cell phone and other electronic devices. If you are waiting for a phone message, please notify our receptionists, who will be happy to assist you.

## DRESS CODE

For the sake of comfort, Hotel guests are permitted to visit the Spa in their bathrobe. Disposable underwear is at your disposal for treatments. If you forget your swimsuit, please note that swimwear is available for purchase at the Spa reception.

## CHANGING ROOMS

For your comfort, our changing rooms are at your disposal, where you'll find bathrobes, slippers and all the necessary accessories.



LE BRISTOL  
PARIS

OETKER COLLECTION  
Masterpiece Hotels