



COTE D'AZUR - VENCE - ERENCH RIVIERA





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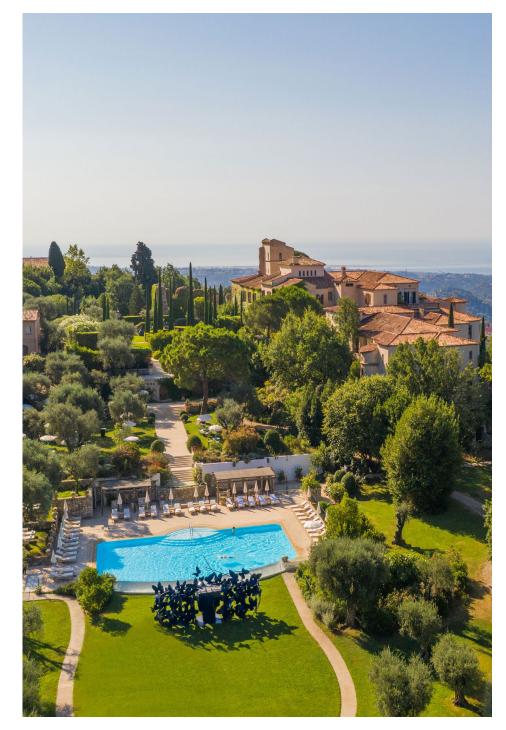
### WELCOME

# Spa Saint-Martin by La Prairie



Enter a haven of serenity, enjoy the intimacy and tranquillity of a place where time seems to stand still. Balance your body and your mind to the rhythm of traditional techniques and discover a place where the treatments are all geared towards beauty, vitality and well-being.

The Château Saint-Martin & Spa has chosen exclusive La Prairie skincare.



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# « The Art of beauty »



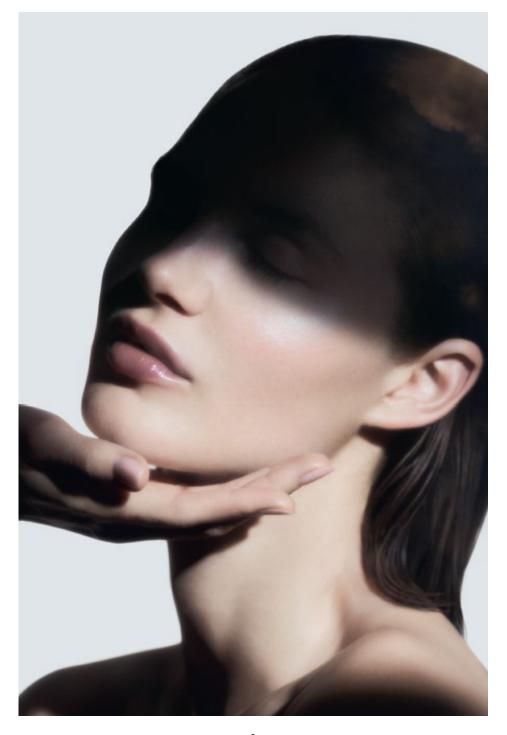
With the Art of Beauty, the House of La Prairie has conceived sensorial experiences as once indulgent and cutting-edge - singular, bespoke protocols enriched with potent molecules and precious ingredients captured in luxurious formulations.

Inspired by La Prairie's birthplace, the Art of Beauty is offered in an atmosphere that recalls the tranquil landscapes of the land of the House's origins.

Created by La Prairie as an expression of Swiss nature fused with 90 years of Swiss cellular science and discreet, elegant aesthetics, these experiences immerse you in a world of timeless beauty.

Each of the five exclusive Art of Beauty ceremonies pays tribute to one of La Prairie's precious ingredients: Swiss caviar, eternal platinum and radiant gold. A series of specially developed signature gestures that enhance the sublime textures completes the experience.

With La Prairie's Art of Beauty, emerge rejuvenated from a place where time stands still.



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# The Art of beauty

La Prairie's Art of Beauty experiences transport you to Switzerland, the land of our luxury house's origins - a world of timeless beauty.



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# Treatments

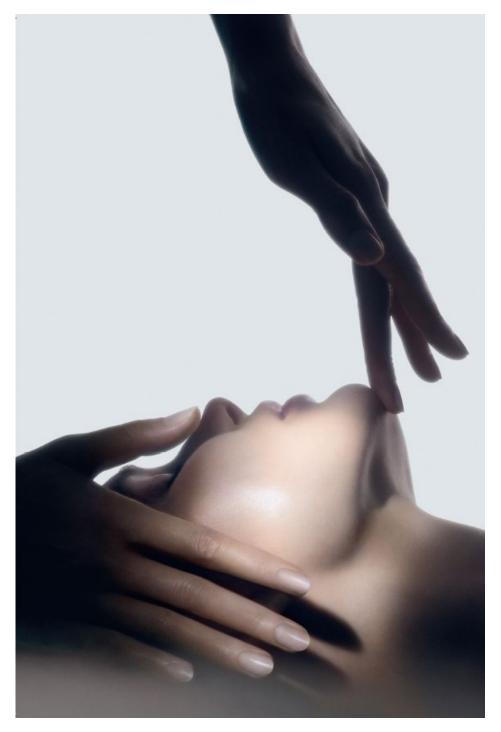
CAVIAR INDULGENCE Infuse skin with life Page 14

PLATINUM HAUTE-REJUVENATION Reverse all visible signs of ageing Page 16

> CAVIAR ILLUMINATION Seize the power of light Page 18

GOLD RADIANCE
Bask in the glow of the golden hour
Page 20

PRECIOUS GAZE
Bring a new focus to the eye
Page 22



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# Caviar indulgence

### TRANSFORM | LIFT | FIRM

The experience

Life-infused Swiss waters are at the heart of La Prairie's Caviar Science, infusing caviar ingredients with unparalleled lifting and firming potency. A total indulgence, this 60-minute skincare ceremony profoundly improves the appearance of elasticity and tone. Skin appears firmed and lifted.

Time is infused with life.



60 MIN.



\*Treatment time includes time for guests to get ready

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# Platinum haute-rejuvenation

### REJUVENATE | REFINE | RESTORE

The experience

The eternal Swiss peaks that inspired the House to look to the cosmos engendered the Science of Haute-Rejuvenation. Infused with platinum that originated in a distant corner of the universe, this 90-minute skincare ceremony refines skin texture, smooths wrinkles and evens skin tone. The natural glow of youth is enhanced, firmness and elasticity are increased, volume is restored and moisture levels are augmented - reversing all visible signs of ageing.

Time is suspended.



90 MIN.



\*Treatment time includes time for guests to get ready

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# Caviar illumination

### ILLUMINATE | SMOOTH | FIRM

### The experience

The singular light reflecting off the shimmering surface of lac Léman is the same extraordinary light that La Prairie's scientist seize and bring to the skin. The Science of Light seeks to understand the various factors that impede skin's luminosity. A new chapter in La Prairie's heritage of bold scientific research has thus come to light. Enriched with Swiss Golden Caviar Extract and potent illuminating molecules, this 60-minute skincare ceremony helps reduce the visibility of chromatic disturbances that can dull skin. Skin's texture is firmed, allowing it to better reflect light.



60 MIN



\*Treatment time includes time for guests to get ready

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# Gold radiance

### REVITALISE | REPLENISH | RENEW

### The experience

The warm glow that falls over mountains as the sun reaches the most graceful point in its arc across the landscape is the inspiration for this experience. La Prairie captures that glow with the Pure Gold Diffusion System, infusing skin with the grace of the golden hour. During this 60-minute skincare ceremony, an advanced complex combined with a golden peptide helps fill lines and plump the skin for an immediate, younger look, as if basking in the glow of the sun at dusk.





\*Treatment time includes time for guests to get ready

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# Precious gaze

### SUPPORT | TONE | MOISTURISE

The experience

The eye becomes the focus of La Prairie's Swiss cellular science, bringing a new perspective to the most expressive area of the face. This bespoke 30-minute skincare ritual helps improve the appearance of elasticity and tone in the delicate area around the eye. Rich, comforting, indulgent formulas glide on effortlessly to infuse the skin with potent active ingredients leaving skin around the eye feeling smooth, lifted and deeply nourished.





\*Treatment time includes time for guests to get ready

#### **EXCLUSIVES TREATMENTS AT THE HOTEL**

# Wellness, detox & nutrition

By appointment 24-48 hours before.

These three exceptional treatments are designed to enhance your well-being, stimulate cellular regeneration, sculpt your silhouette, enhance your skin, free you from migraines, and correct any dysfunction in your body. A true journey towards renewed vitality.

Simple Iridology | Session 30 min

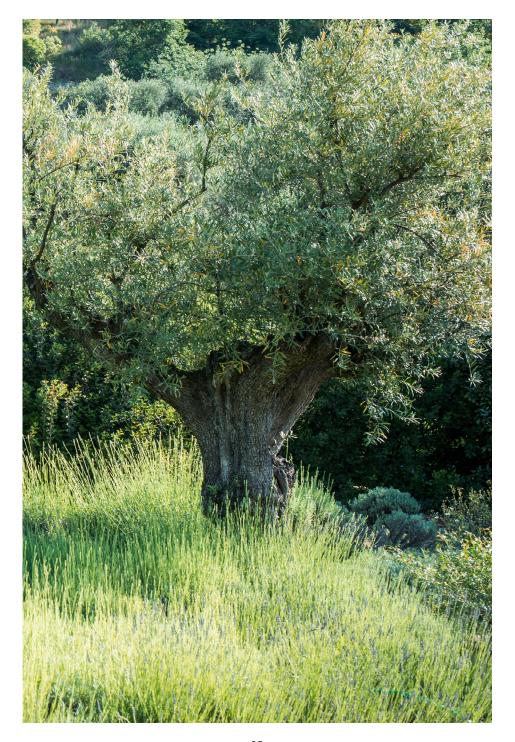
Explore the secrets of your well-being with our iridology session. Let the precision of this ancestral method unveil inner harmony through your eyes.

Complete iridology includes recommendations in naturopathy
Session 60 min

Naturopathy combined with iridology provides a holistic approach to health. Through a detailed analysis of the iris, this personalized session identifies imbalances, enabling the naturopath to recommend customized natural methods, including diet, medicinal plants, and other advice, to promote optimal well-being.

Microbiota Analysis | Session 30 min

Explore the mysteries of your intestinal flora, optimize your digestion, strengthen your immunity, and unveil the keys to mental vitality. A fascinating dive into your inner well-being, where a profound understanding of your microbiota paves the way for an energetic and balanced life.



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### **EXCLUSIVES TREATMENTS AT THE HOTEL**

# Wellness, detox & nutrition

Developed by our beauty and wellness experts, our Collection programmes have been created to take care of your body and mind. Combining manual therapies, relaxation, sport and nutrition, these programmes will allow you to find a better balance in your life.

A personalised programme depending on the length of your stay and your objectives: eliminating toxins, combating stress and burn-out, refocusing, anti-ageing, promoting relaxation.

3-hour programme of treatments to choose from our selection 7 hour treatment programme to choose from our selection 10 hour treatment programme to choose from our selection

### Beauty & Detox

Purify yourself from the inside to take care of your outer beauty

Coaching class 60 min.
Yoga or Pilate class of 60 min.
Naturopathy consultation with analysis of the intestinal microbiota
Draining massage 60 min.
Body wrap 30 min.
La Prairie Facial - Caviar Indulgence 60 min.
Light legs treatment 45 min.
Foot reflexology 60 min.



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### **EXCLUSIVES TREATMENTS AT THE HOTEL**

# Wellness, detox & nutrition

### Body & Harmony

Rejuvenate, relax and ground yourself to find infinite well-being

Yoga or Pilates class of 60 min.

Naturopathy and/or Iridology consultation
Sophrology session of 60 min.
Reiki session of 60 min.
Meditation session of 60 min.
Customised relaxing massage Rose Tango 60 min.
Ayurvedic massage Shiroshampi 60 min.
A 30 minute cranial massage

### Beauty & Relaxation

Regenerate and enhance your natural beauty

Yoga or Pilates class of 60 min.

Naturopathy and/or Iridology consultation
A 60 minute Ko bi do facial.

La Prairie Facial - Precious Gaze 30 min.

Bamford Signature Body Care 90 min.

Generating Hand and Foot Care 90 min.

Foot Reflexology 60 min.

Body wrap 30 min.



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# Massage Collection

Let yourself be guided by the hands of one of our therapists.

Tailor-made Relaxing Rose Tango

This relaxing massage will take you on a multi-sensory journey with the delicate fragrance of the Vence rose: La Rose Tango. The active ingredients of the rose oil act as a natural anti-ageing treatment.



Tailor-made Deep Tissue massage

This deep body massage focuses on muscle groups and areas of tension to stimulate deep energy sources. 100% organic Bamford oil is used for this massage



90 MIN.

# Revitalising Customised

This energising massage will help you bring vitality and energy to your body through invigorating manoeuvres.



90 MIN.

\*Treatment time includes time for guests to get ready



# **Exclusive Massages**

### Shiroshampi Massage

Shiroshampi is an Ayurvedic massage of the head and scalp based on the dripping of oil on the forehead. It is recommended to fight against the stress of daily life linked to anxiety and overwork. It provides a feeling of well-being and relaxation and helps to relieve nervous, physical and emotional tension. This treatment is ideal for very active and dynamic people.



30 MIN. 60 MIN.

### Thai oil massage

This technique, using passive stretching and pressure along the meridians, increases flexibility, relieves muscle tension and balances the body's energy systems. It is both deeply relaxing and energizing. Thai massage is performed on a massage table with oil.



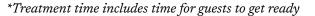
60 MIN 90 MIN

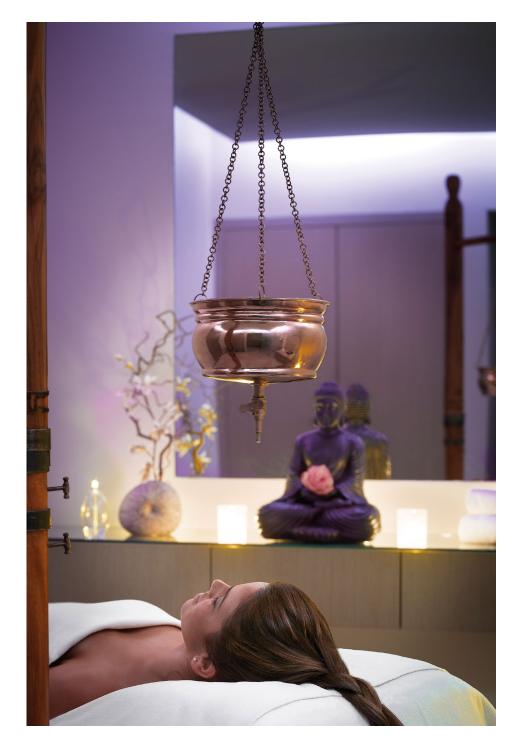
### "Ko Bi Do" face massage

Japanese facial massage, which acts in depth on wrinkles, firmness and radiance, while emphasizing the eye contour, the mouth, neckline and arms. This treatment stimulates the tissues of the skin, gives a lifting effect while releasing muscle tension in the face.



60 MIN.





# **Exclusive Massages**

### Lymphatic drainage body treatment

The lymphatic drainage is a specific manual massage to restore healthy, younger and more radiant skin, with a range of specialized, gentle rhythmic pumping techniques to encourage lymphatic flow. This treatment is practiced without oil.



75 MIN

### Reflexology

According to the principles of foot reflexology, the feet are divided into reflex zones, each corresponding to specific parts of the body. This foot massage will relieve the muscular tension by balancing the flow of energy, improving your sense of well-being.



30 MIN. 60 MIN.

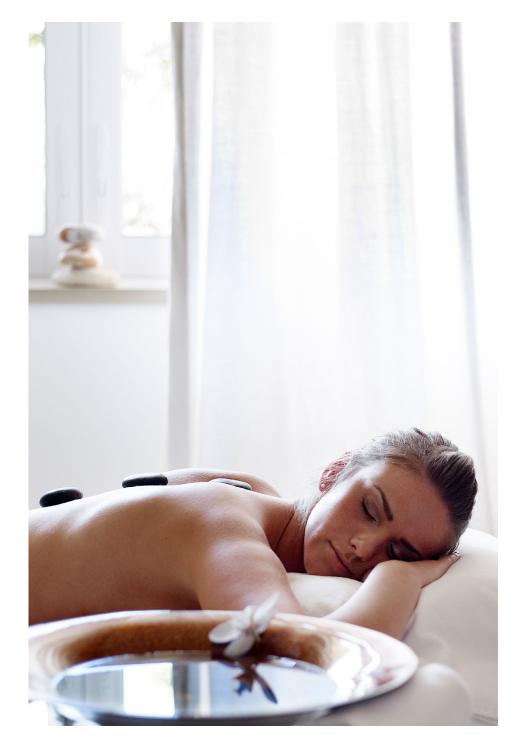
### Head massage

The head massage has the power to act, on the whole body. It allows to, stimulate blood circulation and helps in blood oxygenation. Promote the body's balance. Relax all the muscles by stimulating the nerves located in the cranial parts. Encourage glands to release hormones acting on stress.



30 MIN.

\*Treatment time includes time for guests to get ready



# Other Exclusive Treatments

### Body wrap

A rich and invigorating wrap laminar treatment for a draining effect. To perfect this treatment, we advise you to combine it with a scrub for a smooth and silky skin texture.



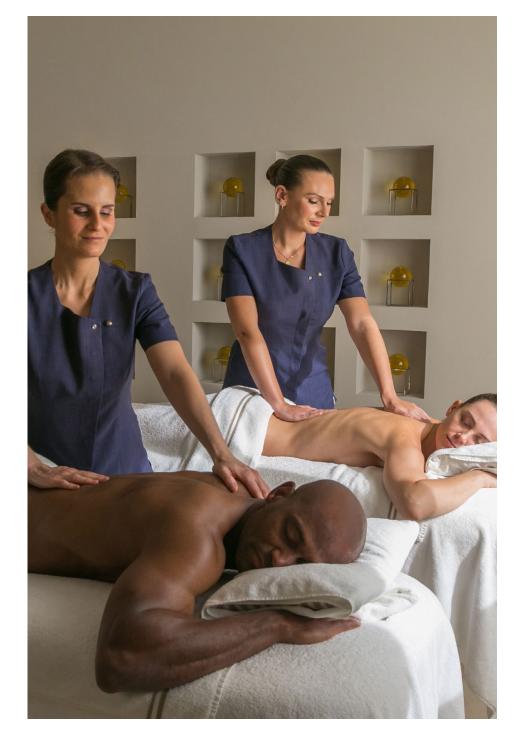
### Body scrub

This invigorating exfoliation softens and smooths the skin for a soft, silky feel. It is recommended before any other body care for optimal efficiency.



### Additional touch

Collagen facial mask | Collagen eyes mask Cream facial mask | Hot stones on the back Application of light leg gel | Hand or foot mask



\*Treatment time includes time for guests to get ready

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#### BAMFORD

# bamford

# Bamford philosophy

Signature Restore and Glow Treatment by Bamfordt
The ultimate treatment to leave skin feeling healthy, smooth and
glowing. Targeting back tension and skin conditioning, the treatment
begins with skin brushing on the back of the body to boost circulation
and remove dead skin cells. This is followed by a back and legs
massage targeting the most common areas of tension in the body.
The treatment is completed with a Gua Sha Facial Massage to create
lymphatic flow and reduce puffiness, with guided sophrology that
will leave you feeling calm and relaxed. The 90-minute treatment also
includes a massage of the front of the legs and arms.

Sophrology session of your choice during the treatment as a complement deep relaxation | breathing and refocusing | alignment and energy | relaxation and return to yourself



90 MIN.

#### Jade Treatments

Jade is a stone rich with mystery. Symbol of purity and serenity, its chemical composition allows it to retain heat and conduct energy. The exclusive Jade stone massage is a massage with organic oils combined with warmed and cooled stones. The alternating temperature makes this treatment a unique and deeply relaxing experience.

- Jade Stone Body Massage (60 min.) to target specific areas of tensions.
- Jade Stone Face and Body Massage (90 min.) a head-to-toe indulgence for the body and spirit using this precious ancestral stone



90 MIN.

\*Treatment time includes time for guests to get ready



### WOMEN'S SPA

# The Mother's Beauty Appointments

### The pregnant woman experience

Pregnancy is a wonderful time as well as an exhausting one for most women. This treatment is designed to pamper the pregnant woman. A facial and specific body massage adapted to the needs of the mother to be.



The ultimate nourishing after baby-care

An exfoliating body treatment combined with a nourishing massage restoring the smoothness and the elasticity of the skin.



### Pregnancy care

A gentle body and belly massage achieved without essential oils. Lying down an adapted position for your well-being.

Recommended after 12 weeks of pregnancy.

### Additional touch

Cream facial mask | Collagen facial mask Collagen eyes mask | Hand or foot mask

\*Treatment time includes time for guests to get ready



# Men's treatments

### Just for Him

This treatment has been developed especially for men. Using refreshing geranium blend, an infusion of eucalyptus, geranium, lavender and peppermint, the freshest of all the product line. This massage starts with the exfoliation of the back with our body polish followed by a deep massage focused on areas on tension. This treatment is completed with a cranial massage.



75 MIN.

### Soothing for Men

Instant Lifting Facial Treatment, reflexology, neck, back & shoulders massage, a pure moment of relaxation.

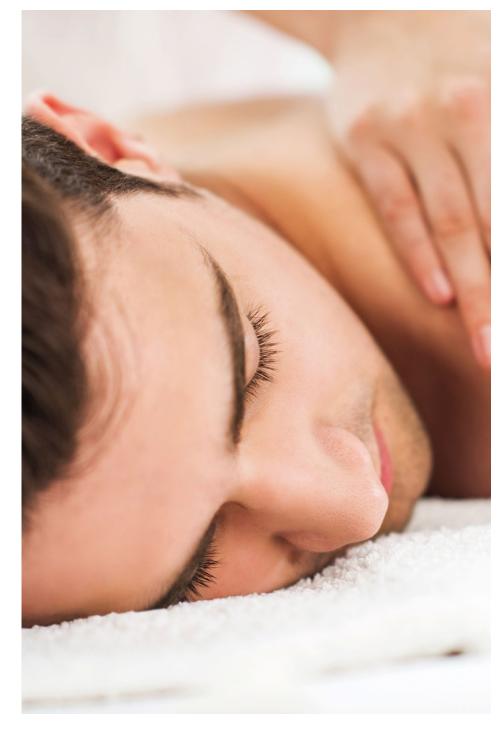


60 MIN.

Beauty treatment for him

Men's manicure Men's pedicure Back or torso waxing Ears or nose waxing

 ${\it *Treatment time includes time for guests to get ready}$ 



### BEAUTY SPA

# Aesthetics by June Jacobs

Each June Jacobs product contains their powerful patented blend of six anti-oxidants to fight the visible signs of aging. This blend of extracts offers protection against free radicals while making the active ingredients in the formula even more effective.

#### June Jacobs

Natural hand ritual with polish application Brazilian hand beauty without nail polish Natural foot ritual with nail polish Brazilian foot beauty without nail polish

### Nail Polish Application

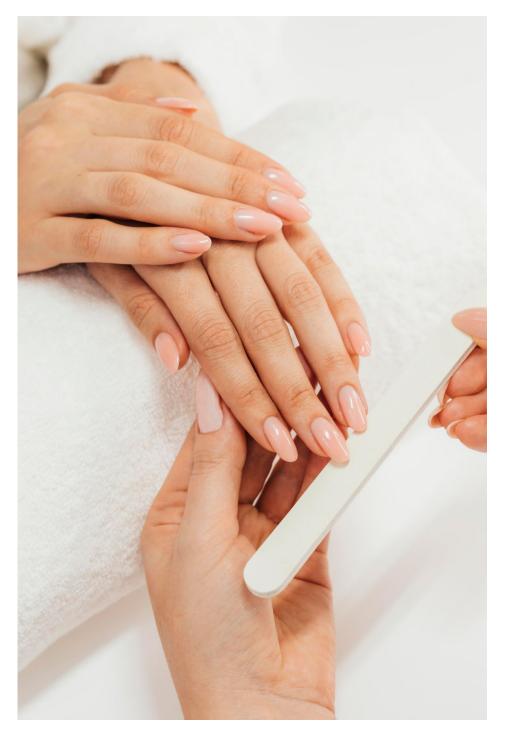
Classic nail polish application
Semi-permanent nail application
Removal semi-permanent nail polish
Package removal and application semi-permanent nail polish

### Make-up

Sophisticated make-up | Day make-up Evening make-up | Beauty after-care

### Waxing

Bikini | Brazilian bikini | Full bikini | Under arms Half legs or thighs | Full legs | Eyebrows or upper lip Arms | Waxing package (bikini - half legs - under arms)



### HAIR SPA

# Care experiences

Men Hair cut short hair | Hair cut long hair

Children

Braid Kid's blow dry | Kid's hair cut Teen's blow dry | Teen's hair cut

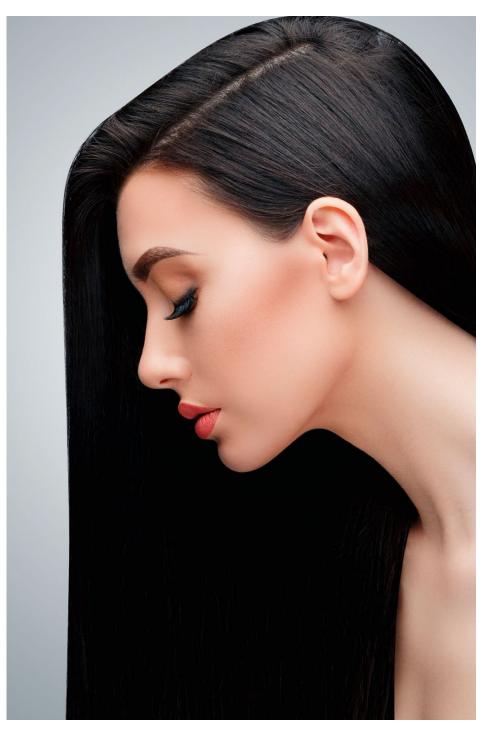
Women

Blow dry
Short hair | Medium hair | Long hair
Sophisticated blow-dry | Blow-dry with hair extensions
Cut

Short hair | Medium hair | Long hair Hair style Shampoo and mask | Hairstyling Colour

Short hair | Medium hair | Long hair Eyelashes or eyebrows tinting Highlights Short hair | Medium to long hair

Wedding event Bridal Hairstyle | Try | Sophisticated bridal bun Bridesmaids Hairstyles | Buns | Fancy



### CHILDREN'S SPA

# Kids & Teenagers

Going to the spa for some pampering is great, but going with the kids is even better! All our Spa treatments dedicated to children use 100 % organic and paraben-free products.

\*All guests under the age of 18 must have a signed parental consent form signed by a parent or legal guardian.

The Princes & Princesses\* (between 5 and 12 years old)

Relaxation discovery for little Princes and Princesses.
\*Subject to the accompaniment of a parent or legal guardian for a relaxing massage in the duo treatment room.



30 MIN.

Fairy Nails

Decorative nail polish for little Princesses.



20 MIN

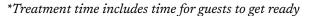
Teens & Spa\* (between 12 and 18 years old)

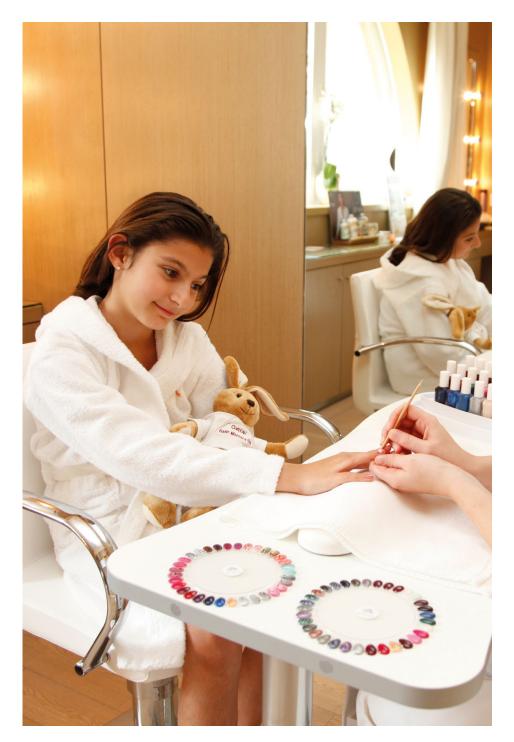
Back scrub | Skin cleansing Relaxing treatment for the back, shoulders & head.

\*Subject to the accompaniment of a parent or legal guardian for a relaxing massage in the duo treatment room.modelage relaxant en cabine duo uniquement.



60 MIN.





# Rituals

### Be Healthy Be Happy

(Every day except Mondays and Tuesdays) A refreshing cocktail, the swimming pool, the olive trees, a healthy formula around a bowl and a dessert (excluding drinks) complete this perfect day for the body (scrub, wrap, modelling).



### Ayuvedic ritual

Composed of cares Abhyanga and Shirodara at the same time, this ritual eliminates tension, offers an absolute relaxation of body and mind and relaxes you over time.





\*Treatment time includes time for guests to get ready

## JOURNÉE SPA

# Rituels

### Slimming Ritual

This Ritual combines a remineralising salt scrub to invigorate the skin, a slimming massage to boost the circulation and a lymphatic drainage to promote the elimination process.



90 MIN.

### Well-Being Experience

A well-being experience to enjoy a gourmet lunch at « Le Saint-Martin » restaurant and its panoramic terrace or barefoot on the grass at the summer restaurant « L'Oliveraie » and a spa treatment at the Spa Saint-Martin by La Prairie. A gourmet experience through the flavourful cuisine of Head Chef Jean-Luc Lefrançois. (Three course meals, drinks not included). A moment of well-being at the Spa Saint-Martin by La Prairie with a La Prairie facial treatment or Bamford body treatment.



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<sup>\*</sup>Treatment time includes time for guests to get ready

### **WELLNESS**

# Coaching & Osteopathy

Fitness and Wellness Coaching (upon reservation)

Individual coaching | Duo coaching | Group coaching (from 3 people)



60 MIN.

Osteopathy (upon reservation)

Osteopathy is a treatment based on manipulation techniques focusing on the body as a whole.

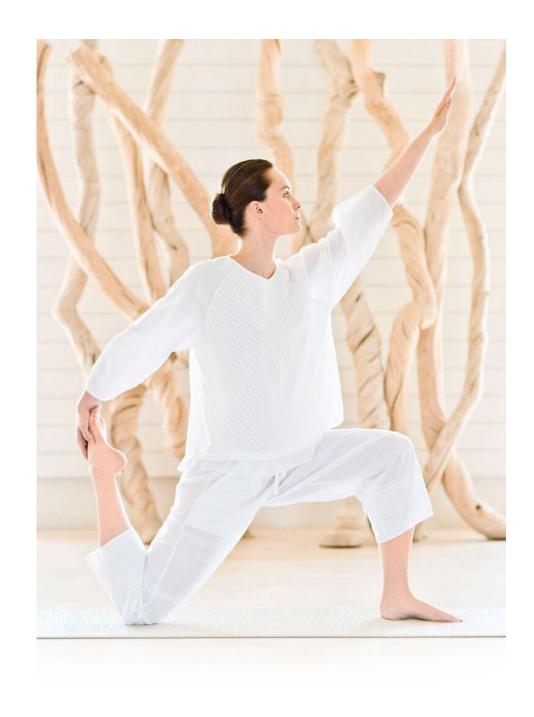
Yoga (upon reservation)

The practice of yoga will strengthen and relax your body. Yoga also improves the function of your respiratory, circulatory, digestive and hormonal system. Yoga will add emotional stability and mental clarity.

Individual yoga / Yoga duo / Group classes (from 3 persons)



60 MIN



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### CHÂTEAU SAINT-MARTIN & SPA

# Oetker Collection boutique

The Château Saint-Martin & Spa is pleased to introduce you to its boutique, located in the extension of the reception.

Discover a choice of designer and artisan brands selected for their elegance, refinement and quality. A friendly space to discover beauty products that complement the offer of our Spa Saint-Martin by La Prairie.

The Boutique welcomes you every day: 9.30am to 1pm and 3pm to 7pm

Telephone: +33 (0)4 93 58 02 02



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# How to enjoy



### Booking

We advise you to book your treatments the earliest to provide you a booking on date an time requested. Some treatments can be done in our outside Rotonda on request and when the weather permits it. The duration of the spa treatment includes the guest's installation. To book from your room, please dial 4080 or contact us at +33(0)4 93 58 40 80 and by email spa.csm@oetkercollection.com.

### Hygiene

In keeping with our commitment to cleanliness, safety and hygiene, our equipment is sterilized and sanitized after each service and treatment.

### Outside customers booking

For each reservation of treatments, we will ask you a credit card authorization to confirm the reservation. As we have cancellation policy, this one is applicated to all the customers.

#### Gift vouchers

Offer to your friends or family a unique well-being experience at the spa. Gift vouchers are personalized so guests can choose their preferred treatments from our spa menu. Please note that a gift voucher is not refundable.

#### Cancellation

If you need to reschedule or cancel your appointment, please advise us 24h before your appointment, otherwise the full treatment will be charged.

#### Opening hours

Every day from 9.30am to 7pm. In July and August from 10am to 8pm. A 20% surcharge will be applied for all treatments carried out outside opening hours. A surcharge of 25% will be applied for all treatments carried out in the room or villa.

#### Valuables

We advise you not to bring valuables with you. The management declines all responsibility for the loss of objects and jewellery. We advise you to check that you have not forgotten anything in the pockets of your bathrobe before leaving the spa.

# Before coming



#### Take your time

We encourage you to arrive at least 15 min prior to your scheduled appointment to allow time to check in, and slip into your robe and slippers, then relax in our sauna, steam bath. The steam is recommended prior to your spa treatment as it will relax your body and make the experience more enjoyable. Arriving late will limit the time of your treatment. Your treatment will end on time in order to respect the following appointments. The full value of your treatment will be charged.

#### Attire

Your comfort and well-being are our utmost priority: there is no need to bring or wear any special clothing, everything you need will be provided into your treatment room (disposable underwear for all treatments and massages).

#### Your comfort

Our spa team is here to meet your every need and make your visit an unforgettable experience. Whether it is the level of the music or the intensity of the lighting, an additional towel, stronger or lighter pressure during a massage – just let us know so that we can provide you with an optimum experience. We value your opinion and invite you to fill out a guest questionnaire after your treatment in order to share your spa experience with us. We remind you that our therapists are at your service for any customized advice in our boutique.

#### Spa etiquette

Smoking and alcoholic beverages are not allowed in the spa. Moreover, we are not responsible for any valuables brought into the spa.

#### Environment

To preserve the sense of harmony in the spa we kindly request that mobile phones are switched off. May we also remind you that the wearing of swimsuits is compulsory in the wet zone.

#### Health conditions and mums-to-be

Please inform us of any health conditions when booking your appointment (eg. high blood pressure, any heart conditions and allergies). You will also be required to sign a form relating to using our spa facilities prior to your treatment.

#### Age requirements

We offer a selection of wellness treatments for our younger guests as well as a range of appropriate wellness treatments for children. They have to be accompanied by an adult. Access to our sauna / steam bath facilities is not permitted. All guests under the age of 18 must be in possession of a parental consent form signed by a parent or legal guardian.

### SPA SAINT-MARTIN BY LA PRAIRIE

# Treatment menu

### La Prairie

Caviar indulgence	60 min. 200€
Platinum haute-rejuvenation	90 min. 500€
Caviar illumination	60 min. 250€
Gold radiance	60 min. 350€
Precious gaze	30 min. 130€

### Exclusive treatments of the hotel

### Wellness, detox & nutrition

Simple Iridology	Session 30 min 290€
Complete iridology includes naturopathy	Session 60 min 500€
Microbiota analysis	Session 30 min 500€
Programs	
Beauty & Detox 3h / 7h / 10h	On request
Body & Harmony 3h / 7h / 10h	On request
Beauty & Relaxation 3h / 7h / 10h	On request

### Massages

### **Massage Collection**

Tailor-made relaxing Rose Tango	60/90 min. 175/280€.
Tailor made deep	60/90 min. 185/290€.
Tailor-made revitalising	60/90 min. 175/280€.

### **Exclusive Massage**

Shiroshampi massage	30/60 min. 110/175€.
Thai oil massage	60/90 min. 185/290€.
"Ko Bi Do" face massage	30/60 min. 110/175€
Lymphatic drainage body treatment	75 min. 230€
Reflexology	30/60 min. 110/175€
Head massage	30 min. 95€

#### **Other Exclusive Treatments**

Body wrap	30 min. 110€
Body scrub	30 min. 110€
Additional touch	
Collagen facial	50€
Collagen eyes	40€
Cream facial mask	30€
Hot sotnes on the back	30€
Application of light leg gel	40€

#### **Bamford**

### **Bamford Philosophy**

Signature Restore & Glow	60/90 min. 185/295€
Jade Stone Treatments	60/90 min. 200/300€

### Women's Spa

### Mother's beauty appointments

The pregnant woman experience	80 min. 285€
The ultimate nourishing after baby-care	80 min. 285€
Pregnancy care	50 min. 155€
Additional touch	
Collagen facial	30€
Collagen eyes	50€
Cream facial mask	40€
Hand or foot mask	25€
Cryo leg gel	40€
Hot stone on the back	30€

### Men's Spa

### Men's Treatments

Just for him	75 min. 230€
Soothing for Men	60 min. 180€
Esthetic for him	
Men's manicure	80€
Men's pedicure	105€
Back or torso waxing	85€
Ears or nose waxing	30€

### **Beauty Spa**

### **Aesthetics by June Jacobs**

June Jacobs

Complete natural ritual manicure	115€
Brazilian manicure without nail polish	70€
Complete natural ritual pedicure	125€

Brazilian pedicure without nail polish	85€	Hairstyling	125€
Nail polish application		Color	
Classic nail polish application	35€	Short hair	95€
Application of semi-permanent polish	50€	Medium hair	105€
Removal semi-permanent polish	40€	Long hair	105€
Duo offer removal and semi-permanent nail polish	90€	Eyelashes or eyebrows tinting	65€
Make-Up		Highlights	
Sophisticated make-up	105€	Short hair	115€
Day make-up	55€	Medium to long hair	130€
Evening make-up	85€	Wedding event	
Beauty after-care	35€	Bridal Hairstyle	
Waxing		Try	120€
Bikini	50€	Sophisticated bridal bun	240€
Brazilian bikini	60€	Bridesmaids Hairstyles	from 120€
Full bikini	70€	Buns, fancy	from 150€
Under arms	45€	•	
Half legs or thighs	65€	Children's spa	
Full legs	90€	Kids & Teenagers	
Eyebrows or lips	25€	The Princes & Princesses	30 min. 75€
Arms	60€	Fairy Nails	20 min. 25€
Waxing package (bikini line - half legs - underarms)	135€	Teens & Spa	60 min. 105€
Hair spa		Day spa	
Treatment experiences		Rituals	
Men		Be Healthy Be Happy	90 min. 285€
Hair cut short hair	95€	Avuvedic ritual	
	95€ 115€	Ayuvedic ritual Sleeming Ritual	90 min. 235€
Hair cut short hair		Sleeming Ritual	90 min. 235€ 90 min. 255€
Hair cut short hair Hair cut long hair			90 min. 235€
Hair cut short hair Hair cut long hair Children Braid	115€	Sleeming Ritual Well-Being Experience	90 min. 235€ 90 min. 255€
Hair cut short hair Hair cut long hair Children	115€ 20€	Sleeming Ritual Well-Being Experience Wellness	90 min. 235€ 90 min. 255€
Hair cut short hair Hair cut long hair Children Braid Kid's blow dry	115€ 20€ 55€	Sleeming Ritual Well-Being Experience Wellness Coaching & Osteopathy	90 min. 235€ 90 min. 255€
Hair cut short hair Hair cut long hair Children Braid Kid's blow dry Kid's hair cut	115€ 20€ 55€ 65€	Sleeming Ritual Well-Being Experience  Wellness  Coaching & Osteopathy  Fitness and Wellness Coaching	90 min. 235€ 90 min. 255€ 50 min 220€
Hair cut short hair Hair cut long hair Children Braid Kid's blow dry Kid's hair cut Teen's blow dry	115€ 20€ 55€ 65€ 70€	Sleeming Ritual Well-Being Experience  Wellness  Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€
Hair cut short hair Hair cut long hair Children Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut	115€ 20€ 55€ 65€ 70€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€
Hair cut short hair Hair cut long hair Children Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut Women Blow dry	115€ 20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.
Hair cut short hair Hair cut long hair  Children  Braid  Kid's blow dry  Kid's hair cut  Teen's blow dry  Teen's hair cut  Women  Blow dry  Short hair,	115€ 20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€
Hair cut short hair Hair cut long hair  Children  Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut  Women Blow dry Short hair, Medium hair	115€ 20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.
Hair cut short hair Hair cut long hair  Children  Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut  Women Blow dry Short hair, Medium hair Long hair	115€  20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.
Hair cut short hair Hair cut long hair  Children  Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut  Women Blow dry Short hair, Medium hair Long hair Sophisticated blow-dry	115€  20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.
Hair cut short hair Hair cut long hair  Children  Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut  Women Blow dry Short hair, Medium hair Long hair	115€  20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.
Hair cut short hair Hair cut long hair  Children  Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut  Women Blow dry Short hair, Medium hair Long hair Sophisticated blow-dry Blow-dry with hair extensions  Cut	115€  20€ 55€ 65€ 70€ 75€  95€ 100€ 105€ 110€ 120€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.
Hair cut short hair Hair cut long hair  Children  Braid Kid's blow dry Kid's hair cut Teen's blow dry Teen's hair cut  Women Blow dry Short hair, Medium hair Long hair Sophisticated blow-dry Blow-dry with hair extensions	115€  20€ 55€ 65€ 70€ 75€	Sleeming Ritual Well-Being Experience  Wellness Coaching & Osteopathy  Fitness and Wellness Coaching Individual coaching Duo coaching Group coaching (from 3 people)	90 min. 235€ 90 min. 255€ 50 min 220€ 60 min. 135€ 60 min. 215€ 60 min. 65€/pers.

The prices indicated are in euros. VAT included.

115€

30€

Long hair

Hair style Shampoo and mask,

#### CONTACT

2490 avenue des Templiers, 06140 Vence, France spa.csm@oetkercollection.com Telephone: +33 (0)4 93 58 40 80



### OFTKER COLLECTION

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