



JUMBY BAY ISLAND
ANTIGUA - WEST INDIES



Weekly Activities

We are delighted to have you as our guests and share with you daily experiences and ideas for each day of the week.

As limited space is available, please contact the Concierge team by dialing '0', who will be delighted to make the arrangements for you and your family.

Please also note that the activities are subject to change.



DAILY

BREAKFAST

THE VERANDA
7:00 am – 10:30 am

LUNCH

THE POOL GRILLE
11:30 am - 3:00 pm

THE VERANDA
12:30 pm – 4:00 pm

AFTERNOON TEA AT THE VERANDA BAR
4:00 pm – 5:00 pm

DINNER

THE VERANDA
6:30 pm – 9:30 pm

IN ROOM DINING

7:00 am – 10:00 pm

BARS

THE POOL GRILLE BAR
10:00 am – 5:00 pm

GENNY'S BAR
10:00 am – Sunset

THE JUMBY BAY BAR & LOUNGE
10:00 am – 11:00 pm

1830 BAR
6:00 pm – 11:00 pm
(on Estate House opening evenings only)



MONDAY

YOGA

8:00 am – 8:45 am

MORNING STRETCH

10:00 am – 10:45 am

ADULT'S TENNIS CLINIC

10:00 am – 11:00 am

SNORKELLING TRIP

10:30 am – 12:30 pm

2:00 pm – 4:00 pm

CHILDREN'S TENNIS CLINIC

3:00 pm – 4:00 pm

HIIT CIRCUIT TRAINING

3:30 pm – 4:15pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

RUM HISTORY & TASTING

AT THE ESTATE HOUSE

4:30 pm – 5:30 pm

THE VERANDA

6:30 pm – 9:30 pm

THE ESTATE HOUSE

6:30 pm – 9:30 pm



TUESDAY

MORNING STRETCH

8:00 am – 8:45 am

AQUA FIT

10:00 am - 10:45 am

CIRCUMNAVIGATION

10:30 am – 11:15 am

2:00 pm – 2:45 pm

CORE MAX

3:30 pm – 4:15 pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

GUESTS, MANAGEMENT & OWNERS WINE DOWN AT THE VERANDA BAR & LOUNGE

6:00 pm to 7:00 pm

THE VERANDA

6:30 pm – 9:30 pm

THE ESTATE HOUSE

6:30 pm – 9:30 pm



WEDNESDAY

MAT PILATES

8:00 am – 8:45 am

NATURE WALK

9:30 am – 10:30 am

MORNING STRETCH

10:00 am – 10:45 am

SNORKELLING TRIP

10:30 am – 12:30 pm

2:00 pm – 4:00 pm

DANCE FIT

3:30 pm – 4:15 pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

TURTLE TALK AT GENNY'S BAR

4:00 pm – 5:00 pm

WEST INDIAN HANGOUT AT THE ESTATE HOUSE

Dinner: 6:30 pm – 9:30 pm

(Live Entertainment)

THE VERANDA

6:30 pm – 9:30 pm



THURSDAY

MORNING STRETCH

8:00 am – 8:45 am

AQUA FIT

10:00 am – 10:45 am

KAYAKING TOUR

10:30 am – 12:00 pm

ZEN ABS

3:30 pm – 4:15 pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

ISLAND DISCOVERY COOKING DEMONSTRATION AT THE VERANDA DISPLAY KITCHEN

4:00 pm – 5:00 pm

BEACH CRICKET

4:00 pm - 5:00 pm

DINNER AT THE FARM

Dinner: 6:30 pm – 9:30 pm

(Live Entertainment)

THE VERANDA

6:30 pm – 9:30 pm

THE ESTATE HOUSE

Closed



FRIDAY

YOGA

8:00 am – 8:45 am

MORNING STRETCH

10:00 am – 10:45 am

SNORKELLING TRIP

10:30 am – 12:30 pm

2:00 pm – 4:00 pm

RS SAILING REGATTA

3:00 pm – 5:00 pm

HIIT CIRCUIT TRAINING

3:30 pm – 4:15 pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

"RUM VOYAGE" AT THE BEACH SHACK

5:00 pm to sunset

THE VERANDA

6:30 pm – 9:30 pm

THE ESTATE HOUSE

6:30 pm – 9:30 pm



SATURDAY

CIRCUMNAVIGATION

10:30 am - 11:15 am

2:00 pm - 2:45 pm

BEACH VOLLEYBALL

4:00 pm – 5:00 pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

ROSÉ & BEER

ON THE SANDBANK OF THE POOL GRILLE

5:00 pm – sunset

(Live Entertainment)

THE VERANDA

6:30 pm – 9:30 pm

THE ESTATE HOUSE

6:30 pm – 9:30 pm



SUNDAY

KAYAKING TOUR

10:30 am – 12:00 pm

AFTERNOON TEA AT THE VERANDA BAR

4:00 pm – 5:00 pm

WINE TASTING

5:00 pm – 6:00 pm

WHITE NIGHT BEACH BBQ

6:30 pm – 9:30 pm

(Live Entertainment)

THE ESTATE HOUSE

Closed