

20 romantic getaways

The most romantic destinations in the world – from an off-the-grid escape in French Polynesia to a lakeside cabin in Sweden



9. Jumby Bay, Antigua

The spa retreat

Accessed only by boat, the secluded, car-free **private-island** hideaway of Jumby Bay (*pictured above*), two miles off the coast of **Antigua**, offers the quintessential **Caribbean** experience. Reopened in October 2017 after a major overhaul, Jumby Bay has re-emerged with totally revamped, contemporary-colonial-style rooms, two new restaurants and the Jumby Bay Spa. The **spa**, set close to the beach, is open to the elements, with five treatment rooms that open onto private terraces. The signature treatments use ingredients taken straight from the garden; one of the highlights is a treatment that involves lying in a soft, handmade hammock while a therapist focuses on pressure points in your head, back, hands and feet to release tension. You can then amble over to your thatched *bobio* (hut) on the beach, or to one of the many hammocks strung up between the palm trees. The resort is good for creative little extras: to help you enjoy the astonishing night sky, staff will pack a **Champagne** picnic dinner and send you off to star-gaze on Pasture Beach; there are also cookery classes for men, led by head chef Pablo Loza, so while their partners indulge in spa treatments (not to generalise), they can learn how to make everything from ceviche to Caribbean lobster bisque.