



Hot hotels: Caribbean cream

The Caribbean is calling, but between the palm-frond beaches, cool cabanas and soothing sea dips are a seemingly endless array of places to bed down. So where should you stay? High Life's hotel expert **Hannah Ralph** shares her pick of a brilliant crop...

30/09/2021

JUMBY BAY ISLAND

At this highly exclusive, all-inclusive 300-acre private island resort (opening image), no one is merely a guest – they're regulars. Amongst the oleander-draped suites, mangrove-ensconced mansions, horizon-spanning beaches and enough palm trees, tropical fish and crustaceans to make David Attenborough swoon is a resort that's cultivated something special: a real sense of community.

It's easy to see why just one visit to this island-off-an-island paradise is all but impossible. Beyond the obvious luxury of five-star service, spectacular food (three

distinctive restaurants offer a wide range of fresh, locally sourced dishes) and a heart-racing array of activities (including watersports, tennis, cycling and a full calendar of fitness classes), Jumby Bay Island offers an expansive range of suites, villas and private residences to suit every stay – a versatility that’s made it a favourite of famous folk including Lionel Messi, Justin Bieber and Oprah. And, with views worthy of screensavers the world over, a surreal sense of space – even at its busiest – and a warm, familial atmosphere, it’s a hard place to leave, meaning we’re confident you’ll be hearing a ‘Welcome back’ of your very own before long.

BEACH BENEFITS

Three beaches offer every kind of kick-back-and-relax solution, from a fully serviced day under the palms on the island’s flagship Jumby Bay Beach, to a secluded, au naturel afternoon on the north side’s Pasture Beach, a windswept beauty where hawksbill turtles nest and humans are scarce. Oh yes, and they all have WiFi.

SLEEP SATISFACTION

Part of being in nature is hearing nature and, depending on the time of year and residence you stay in, the laughing gulls and whistling frogs can be raucous at night, so bring ear plugs if you’re a light sleeper.

HIGH LIFE SAYS

If you’re looking to level up your relaxation, consider booking the resort’s upcoming Wellness Week (10-17 November) which promises guests a highly curated, holistic stay focused around the five pillars of health: breathing, nutrition, movement, rest and thought.