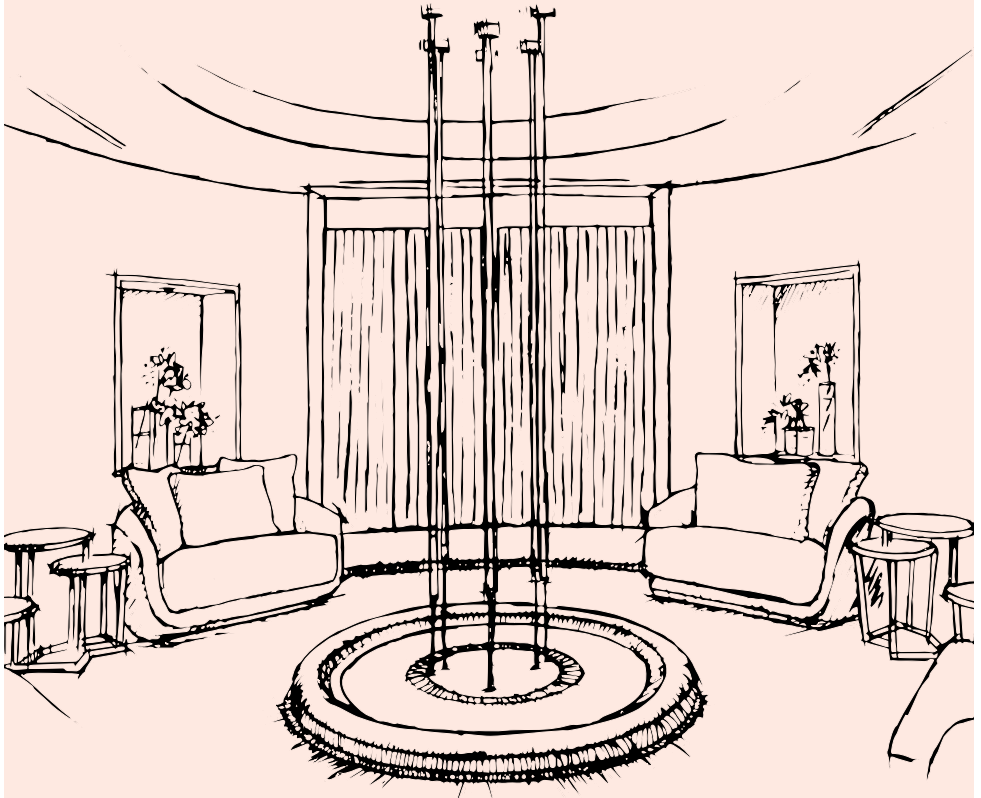




PALÁCIO TANGARÁ
SÃO PAULO



Flora
SPA

WELCOME!

Welcome to Palacio Tangará, with environments inspired by the green surroundings, our Spa offers an atmosphere of serenity and well-being, which includes indoor pool, hot tub with natural light, dry sauna and steam room and a relaxation area with private garden.

Enjoy the relaxation area, sauna facilities or private garden, relax and absorb the transformative effects of their therapy to restore the balance of your body and mind.

Flora SPA is opened from Tuesday to Saturday from 10 am to 9 pm and Sunday from 10 am to 6 pm.

Flora Spa is open to non-guests. The purchase must be made in advance on our experience website.

For reservations please, contact by email:

flora.spa@oetkercollection.com

or phone: **+55 11 4904.4099.**

The swimming pools are exclusively to our guests, customers who have purchased Day SPA or members associated with SOU (Your Urban Oasis). SOU is a program of members of the Tangará Palace that has annual renewal. Members have unlimited access to our swimming pools, fitness center, discounts at Tangará Jean-Georges restaurants, Parque Lounge & Terrace pool Bar and other benefits, without the need of staying at the Hotel.

HEALTH CONCERNS – COVID 19

In compliance with the SP government guidance, we have implemented stringent protocols to further safeguard the comfort, health and safety of our guests and employees which always remain our highest priority.

At each touchpoint along the guest journey through Flora Spa, measures are being taken to protect guests and employees. These measures include but are not limited to; physical distancing guidelines, temperature checks, masks provided to guests and worn by all employees and guests in the spa facility, and increased frequency of cleaning with registered disinfecting chemicals that have been proven effective in preventing the transmission of COVID-19.

Hands-on training for all employees, a dedicated on-property rollout committee and a formal audit program to ensure all procedures are followed (Albert Einstein Hospital).

We have reduced our spa treatment menu during this time, please kindly contact our spa team who will be delighted to assist you with any enquiries or concerns you may have.

Hand Sanitizer will be provided prior to entering the spa facilities. Hand washing before and after all treatments is required by the guest and the Treatment Provider.

Treatment Providers will wear masks, safety glasses and a lab coat as an added safety measure.

If you have developed any of the following symptoms; Cough, Fever, shortness of breath, Sore Throat, Headaches within the last 7 days, please contact the Spa in advance.

Temporary closures of hot tubs and saunas will remain effective at this time.



LEVEL OF PRESSURE

To make sure that you are going to choose the best treatment for you, we have developed an intensity scale. Each therapy will have the indication of the maximum intensity that can be exercised during the treatment, always respecting the client's individuality and physiological and technical recommendation.

LEVEL 1

Soft



LEVEL 2

Moderate / Relax - no trigger points pressure.



LEVEL 3

Moderate / Medium - with some trigger points pressure.



LEVEL 4

Intense - Trigger points pressure.



THERAPEUTIC MESSAGES

60 min | R\$ 490,00

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90 min | R\$ 610,00

LYMPHATIC DRAINAGE

Level of Pressure:



Massage that increases lymph flow and promotes its natural drainage from the body tissues. Using a blend of essential oils, it will increase the stimulation and detoxification of the lymphatic system.

WELL-BEING

Level of Pressure:



This invigorating treatment uses special massage techniques to transport you to the right time zone and recover the body and mind. The perfect massage when you are feeling tired or when you want to enjoy a new experience.

AROMATIC

Level of Pressure:



Synergy between movements and aromas specially produced for this treatment. This massage aims to reenergize and restore the mind through the smell and delicate touch of your therapist.

DEEPTISSUE

Level of Pressure:



This massage uses slow and firm pressure and focuses on the deeper layers of muscles, stimulating blood flow and helping to reduce inflammations that cause pain.

SHIATSU

Level of Pressure:



Therapy that aims to balance the meridians (energy channels) that run through our body. Providing those who receive it a sense of well-being and balance.

Technique with specific and deep movements focused on intense relaxation.

BODY TREATMENTS

60 min | R\$ 610,00



90 min | R\$ 720,00

HOT STONES

Level of Pressure:



The hot stone massage combines the movements of sliding and compression to thermotherapy caused using hot stones. The thermal energy penetrates deeply into the muscles promoting an intense relaxation.

DE-STRESS

Level of Pressure:



Care and attention from head to toe. Extremely relaxing treatment that starts with with a foot bath to activate circulation and reduce tiredness in the feet followed by an invigorating massage with foot reflexology to work the energy flow. Finally, a scalp massage is applied to calm thoughts and relieve accumulated tensions in everyday life.

DRENOGESTAR®

Level of Pressure:



This therapeutic massage was developed exclusively for pregnancy period, as it provides reduction of swelling, relief of back pain and deep relaxation in a safe way. Everything mom and baby need right now! Medical permission is mandatory for pregnant women under the 15th pregnancy week.

SHORT-TIME TREATMENTS

30 min | R\$ 320,00

BACK

Level of Pressure:



For back pain resulting from long hours of sitting, this massage serves as a perfect relief to reduce tension and concentrated pain in the areas of the back, shoulders and neck.

TRIO

Level of Pressure:



(HAND, FOOT AND SCALP MASSAGE)

Massaging the hands, feet and head induces total relaxation. This treatment features medium-to-firm pressure massage of the hands, feet, and scalp, complemented with aromatherapy to reduce tension and improve circulation.

REFLEXOLOGY

Level of Pressure:



Massage technique that balances the nervous system stimulating pressure points on your feet. Reduces stress and pain, promotes overall relaxation for body and mind.

SCALP MASSAGE

Level of Pressure:



Scalp massage consists of stimulating specific points on the face, head, and neck. It is indicated to reduce mental stress, headaches, migraines, insomnia and reduce anxiety.

COMPLEMENTARY TREATMENTS

30 min | R\$ 320,00

Potentialize your experience by choosing one or more of our carefully crafted service enhancements. All additional treatments must be booked and received with a treatment lasting 60 minutes or more.

AROMATIC BATH

In some cultures, bathing is a physical, mental, spiritual, and energetic purification that provides relaxation and well-being. The aromatic bath has a potent physiological action on the nervous system and throughout your body.

ENERGIZING BODY SCRUB

Level of Pressure:



Unique deep exfoliation treatment that combines aromatherapy with the benefits of cell renewal, smoothing and toning the epidermis. Stimulates skin microcirculation and oxygenation. It is recommended before a body treatment.

EXPERIENCES FOR COUPLES

60 min | R\$ 1.210,00

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90 min | R\$ 1.430,00

On this journey couples will be able to enjoy side by side any of our massages or body treatments. Our suite will be fully prepared to welcome you. Please check availability before booking your treatment.

TANGARÁ BREAKS • DAY SPA

An invitation to serenity in the heart of the city. A Truly escape from the everyday life.

Our Day spas are available - Tuesday to Friday - Except weekends and holidays.

This experience grants exclusive access to our facilities for 3 hours in addition to the hours of treatments at Flora Spa.

BALANCE

*Sensory experience to rebalance the energies
and restore the connection with the present moment.*

- Foot bath
- Energizing Body Scrub
- Aromatic bath
- Therapeutic Massage or Body Treatment (60-minute session)
- Trio massage
- Light meal
- Access to relaxation room with private garden,
changing rooms with showers, amenities, and lockers
- Exclusive access to the indoor and outdoor pool
- Water, tea, apples and bananas

3 hours of treatment + 3 hours of relaxation • R\$ 1.550,00 (1 person)

3 hours of treatment + 3 hours of relaxation • R\$ 2.900,00 (couple)

TANGARÁ BREAKS • DAY SPA

RELAX

Sensory experience for those seeking moments of well-being and relaxation, amplifying the connection with the physical body.

- Feet scald
- Reflexology
- Therapeutic Massage or Body Treatment (60-minute session)
- Scalp massage
- Light meal
- Access to relaxation room with private garden, changing rooms with showers, amenities and lockers
- Exclusive access to the indoor and outdoor pool
- Water, tea and apples and bananas

2.5 hours of treatment + 3 hours of relaxation • R\$ 1.180,00 (1 person)

2.5 hours of treatment + 3 hours of relaxation • R\$ 2.190,00 (couple)

TANGARÁ BREAKS • DAY SPA

FLOW

Sensory experience that rescues and restores energy fluidity.

- Foot bath
- Trio massage
- Therapeutic Massage or Body Treatment (60-minute session)
- Light meal
- Access to relaxation room with private garden, changing rooms with showers, amenities and lockers
- Exclusive access to the indoor and outdoor pool
- Water, tea and apples

2 hours of treatment + 3 hours of relaxation • R\$ 930,00 (1 person)

2 hours of treatment + 3 hours of relaxation • R\$ 1.750,00 (couple)

FLORA SPA GUIDELINES

SPA ETIQUETTE

To fully enjoy your Spa experience, please get familiar with these guidelines. At the time of booking, inform the Spa Specialist if you have:

- Allergies or medical conditions.
- If you are celebrating a special occasion, please respect the right of all guests to privacy and serenity. Avoid using a mobile device.
- Smoking and alcoholic beverages are not allowed in the pools and spa.
- A minimum age of 18 is required to access the spa and pool areas.
- Minors must be accompanied by his, her parents or a legal adult.
- We would like to remind you that the use of swimwear is mandatory in all swimming pools.

ARRIVAL AT THE SPA

- Please arrive at least 15 in advance of the scheduled treatment.
- Towels, slippers, shower cap and necessary amenities will be provided during your visit.
- Arriving late will limit the time for your treatment, thus decreasing your effectiveness and your relaxation. The service will end in time, so that the next guest is not harmed. The total amount of your treatment will be charged.
- All treatments of 60 minutes or more at Flora Spa begin with a gentle aromatic balancing ritual. This process harmonizes you physically, mentally, and spiritually, allowing a restoring feeling of balance and openness to relaxation.

SERVICE AT OUTDOOR AREAS

Therapists and spa professionals also serve outside areas, whether for health reasons or for new experiences of connection and relaxation surrounded by the nature. Check available spaces, treatments, and schedules. For treatments requested in your apartment there will be an increase of 50% on the value.

HEALTH CONDITIONS

We offer specific treatments for pregnant women. Our Spa receptionists can guide you in choosing the best care for this special moment in life. Treatments can be booked from the second trimester to the ninth month of pregnancy. After this period, it is mandatory to present a medical report authorizing to perform any procedure. We do not recommend our welcome ritual for pregnant women.

PREGNANCY

We offer specific treatments for pregnant women. Our Spa receptionists can guide you in choosing the best care for this special moment in life. Treatments can be booked from the second trimester to the ninth month of pregnancy. After this period, it is mandatory to present a medical report authorizing to perform any procedure. We do not recommend our welcome ritual for pregnant women.

CANCELLATION POLICY

Please note that a 100% cancellation fee will apply for any treatment canceled less than 12 hours in advance.

PAYMENT

We accept all major credit cards, as well as local currency. All figures are presented in Brazilian currency and include 5% of the local tax. We do not accept checks. Prices subject to change without any prior notice. Additional gratuities may be offered at your discretion.

LOSS OR DAMAGE OF PERSONAL BELONGINGS

We do not accept liability for loss or damage of personal effects. We recommend that you keep your items in the locker provided in our locker room or in your room safe, if you are a guest at the hotel.

BEHAVIOUR

We do not tolerate sexual harassment, aggressive behavior or prejudice of origin, race, sex, color, and any other forms of discrimination. Any verbal, physical or sexual harassment will result into legal action.

