

The Daily Telegraph

SPA *Special* 2021



‘The options to reset, reflect
and restore are endless’

VILLA STEPHANIE AT
BRENNERS PARK HOTEL & SPA
Germany

If you are spending more time online than off, book an art deco bedroom at Villa Stéphanie, with walls containing metal mesh that blocks high-frequency signals to disable Wi-Fi. There are also 25,000 acres of Black Forest National Park to bring you back to earth, plus some top-notch medical treatments.

Double rooms from €495, room only.

Four-day Health & Beauty programme

(excluding accommodation) costs

€1,980pp. oetkercollection.com