



THE JUMBY BAY SPA

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Quietly tucked away from the hum and bustle of the Caribbean, the newly designed spa offers a sublime escape by the sea, that is ideal for a complete day of rejuvenating and relaxing reprieve.

The sanctuary invites guests with a contemporary design that echoes the island's open-air architectural refinement, and casually elegant demeanor. From the moment guests set foot in the spa sanctuary, they are welcomed by a space that pulses with a culture of genuine warmth, healing, and care. Antique driftwood pieces and floating chaises complement the design while encouraging a therapeutic sense of floating to the sounds of the nearby surf. A shaded open-air relaxation lounge and plunge pool overlooks the sea and connects five oceanview treatment rooms, a steam room, and sauna. Guests also have access to a new salon, a spa boutique, and a Fitness center and Yoga Pavilion offering regular and specialty wellness classes suitable for beginners to the most rigorous athletes.

Deeply rooted in the heritage, customs, and natural environment of the West Indies, The Jumby Bay Spa offers a curated menu of treatments that combines the use of modern therapeutic practices from all over the world with ancient healing remedies of the West Indies and African cultures. In the heritage of traditional herbalists, serums are derived from local natural ingredients including coconut, aloe, neem, lemongrass, and other essential oils and spices to organically encourage the regenerative nature of the body, mind and spirit.

All treatments begin with a welcoming foot ritual that diffuses negative energy and allows one to transcend the outside world for a truly peaceful respite. A consultation with your therapist will ensure a completely personalized approach to your spa experience.

SIGNATURE TRADITIONAL REMEDIES

In the West Indies, traditional healing practices reflect a mix of influential African cultures. Generations of Antiguan believed that a higher power placed all curative herbs and elements on Earth and selected certain people, such as herbalists and midwives, to channel the healing grace of these ingredients. Using time-honored remedies and local practices, healers worked to cleanse the body of ailments using herbs, botanical oils, thermal baths and special teas.

Arawak Immersion | *energizing & detoxifying*

75 minutes

In many ancient societies, foot baths and curative teas were considered essential to healthy living. This traditional remedy begins with a relaxing foot soak infused with hand-picked herbs from our island garden. As the tension in your legs melts away, you will be served soursop tea—an herbal brew revered for its medicinal benefits and calming effects. The legs are then wrapped with steamed castor leaves and ginger to release toxins and increase circulation. This immensely therapeutic experience closes with a foot anointment using warm neem and coconut oil to re-energize your legs and feet.

Amerindian Healing Ritual | *renewing & healing*

90 minutes

Antigua's ancestral healers regarded the pairing of hot and cold sensations as a manifestation of the balance between the natural and supernatural worlds. Local practitioners used herbs, oils and transitions between temperatures to relieve both internal and external ailments. This traditional ritual commences with a full-body cleanse using herb-infused towels to open the skin's pores. Next, the body is anointed with warm herbal oil to encourage the internal organs to boost longevity. A cooling blend of Aloe Vera, peppermint and menthol re-establishes equilibrium, leaving your skin exquisitely refreshed.

ISLAND JOURNEYS

Combining a selection of signature experiences, these transformative, island-inspired journeys are designed to elevate your overall well-being. All treatments are enhanced with healthy refreshment and revitalizing seasonal beverages.

Castaway Escape for Two | *island adventure, massage* 150 minutes

Embark on a true escape as you sail aboard our private yacht, Yennecot, to the uninhabited shores of Maiden Island. Indulge in the destination's white-sand beach and pristine appeal as you revel in a private afternoon at your leisure. The encounter is enhanced with a made-to-order picnic lunch created from the freshest ingredients. As the afternoon recedes, the journey ends with a side-by-side massage for two, followed by a champagne toast as you cruise back to Jumby Bay.

West Indian Symphony | *scrub, wrap, foot massage, facial* 180 minutes

This unforgettable journey starts with an exfoliation to reveal smooth skin and improve circulation. Surrender to complete serenity as you are cocooned in mineral-rich micronized marine algae to eliminate fats and toxins and help the body regain its balance. The service continues with a nourishing full-body hydration, a skin specific facial, and concludes with an intense foot massage with warm herbal compresses to increase circulation and stimulate further detoxification.

Ley Ley | *scrub, massage, scalp treatment*

150 minutes

Tranquil surroundings allow you to embrace the natural rhythms of the island and ley the day away. This peaceful ritual begins with an exfoliation followed by a rhythmic massage to soothe the muscles. To quiet your mind and restore inner balance, an infusion of neem and eucalyptus is poured on your forehead before you receive a nourishing scalp treatment and cranial massage.

Island Embrace for Two | *massage, facial, pedicure*

180 minutes

Enjoy a luxurious escape for two in a private Caribbean-style spa suite bathed in sea breezes and tropical sunshine. A side-by-side aromatherapy massage draws upon custom-selected spices and exotic oil blends to stimulate a sense of deep relaxation. This shared journey of intention and connection concludes with a one-hour facial of your choosing and pedicure for two.

Ultimate Self Escape Retreat by Tata Harper | *scrub, massage, facial*

120 minutes

Self-love is the hardest kind to give. Escape your daily cares and give yourself some precious 'me-time' with this calming, customized ritual. A personalized deep-cleansing and nutrient-replenishing facial regimen pairs seamlessly with a resurfacing, smoothing body treatment and soothing massage for skin that looks rejuvenated and radiant from top to bottom.

MESSAGE

Isle of Tranquility Massage

60/90 minutes

Ease the senses, recharge your mind and welcome a tranquil state of balance. Choose between a Swedish or warm basalt stone massage to release and relieve sore, fatigued muscles. Your therapist will customize the experience to suit your needs with a selection of exotic oils infused with Caribbean spices.

Deep Muscle Massage

60/90 minutes

This full-body, deep-tissue massage employs a variety of techniques to target stiffness within the deeper layers of the muscles. Your therapist will incorporate the application of warm bamboo sticks to reduce tension, increase muscle flexibility and improve overall range of motion.

Herbal Poultice Massage

60/90 minutes

Enjoy gentle stretching and a relaxing massage with warm poultices to promote circulation and lymphatic release. Our detoxifying herbal poultices are hand-crafted using a local blend of stress-relieving lemongrass, curative ginger and coconut. A centuries-old practice with a local twist, this massage is especially beneficial for those experiencing jet lag, hormonal imbalances or muscle pain.

Shiro-Abyanga Massage

90 minutes

This profoundly soothing, full-body massage brings balance and synergy to the body through a methodical application of aromatic oils. Equally detoxifying and energizing, this technique stimulates the “prana” or “life force” to help replenish your body’s vital energy. Embracing Ayurvedic traditions, this massage includes nourishing infusions of luke warm herbal oil poured over the forehead to pacify the mind and induce a deep state of bliss.

Liquid Gold Organic Massage by Tata Harper

60 minutes

Experience total relaxation during this soothing massage as a serum of organic herbs delivers vitamins, nutrients and antioxidants that will leave your skin feeling soft and nourished. Circulation-boosting massage techniques relax your body and senses and leaves your skin looking perfectly balanced and truly radiant.

ULTIMATE SKIN CARE

DEEP CLEANSING

Neem Healing Facial

60 minutes

Soothe and purify even the most delicate skin with the benefits of neem. Extracts of the Neem Tree, grown on Jumby Bay Island, are combined with soothing oils in a potent mask to heal, hydrate and restore sensitive or irritated skin and balance its youthful glow.

Traveler's Recovery Facial by Tata Harper

60 minutes

Revitalize travel-weary or tired skin with this energizing ritual. Your skin will be purified and perfected with a deep-cleanse, designed to purge aging and environmental aggressors from the surface. Gentle stimulation from advanced massage techniques improves microcirculation and encourages natural detoxification, reversing the look of fatigue and leaving skin soft, smooth, and refreshed.

Gentlemen's Skin Perfection Facial

60 minutes

Energize your skin with this invigorating, deep-cleansing ritual, designed to purify and minimize the appearance of pores, and prevent and soothe ingrown facial hairs. This revitalizing treatment will leave you looking well-rested and refreshed.

HYDRATING

Quench Omega Facial

60 minutes

Breathe new life into dry or stressed skin with this deeply nourishing, intensely hydrating facial. To awaken your natural glow, the active ingredients in Omega 3+ complex are harnessed to restore lost lipids and soften and renew the skin.

Moisture Infusion Facial by Tata Harper

60 minutes

Quench thirsty or sensitive skin with this calming therapeutic treatment, designed to replenish skin to give you a soft, supple, and lifted look.

Combining deep-moisturizing formulas with our Raw Organic Honey Mask, this treatment will give your skin essential hydration for long-lasting comfort.

Sun Relief Facial by Tata Harper

60 minutes

Soothe and calm sun-baked or delicate skin with this gentle and relaxing ritual. Your skin will feel pampered and renewed with our nourishing and calming treatments, helping to enhance your radiant glow.

AGE-DEFYING

Firming Facial

60 minutes

Reclaim your skin's youthful appearance. This transformative treatment features the regenerative properties of botanical ingredients and advanced peptides to improve tone and texture. After the skin is thoroughly cleansed and exfoliated using a honey and enzyme serum, a facial massage technique is used to stimulate lymphatic drainage. Skin tightening follows to improve firmness.

Vitamin C+ Rejuvenating Facial

90 minutes

This multi-correctional treatment repairs the skin's luminosity for a youthful glow. Coupled with its regenerative and antioxidant qualities, the anti-aging power of Vitamin C reduces dark spots and fine lines, evens out skin tone and replenishes the skin's vitality.

BODY INDULGENCE

Ocean Odyssey

60 minutes

Combining the benefits of mint and minerals from the sea, this restorative treatment provides the skin with essential nourishment, leaving it silky and luminous in appearance. Ingredients from the deepest depths of the ocean gently purify and recharge the skin.

Siren's Song Wrap

60 minutes

This glamorous therapy envelops the body in golden algae to enrich, beautify and protect the skin. Afterwards, an emulsion of golden nectar leaves the skin supple and shimmering in an alluring veil of gold.

Serenity Ritual

60 minutes

Experience total relaxation with this comforting ritual. A top to bottom buffing with our powerful, biodegradable Body Scrub leaves skin smooth, supple, and perfectly polished. Slip into a sense of peaceful serenity during a soothing massage with our luxurious body oil for a complete sense of rejuvenation and well-being.

Traveller's Escape by Tata Harper

90 minutes

Re-energize tired skin with this revitalizing treatment, designed to deliver a total body refresh. Your skin will be polished to perfection, then clarified with targeted treatments including a detoxifying body wrap designed to purge the skin's surface of built up toxins. A relaxing massage is the finishing touch to help you feel completely reinvigorated after travel or even just a long day.

Island Whispers | *scrub, wrap, massage*

90 Minutes

Layer upon layer of powerful botanical ingredients are combined in the most luxurious of treatments to restore your skin's natural tone and luster. This beautiful skin treatment pairs a body exfoliation and wrap followed by a massage leaving the skin richly hydrated, smooth and soft.

Men's Workout Recovery by Tata Harper

90 minutes

Restore tired muscles and detoxify your skin with this full body treatment. Our buffing Body Scrub and a deeply cleansing back mask remove surface impurities, while a restorative massage soothes sore muscles, leaving you feeling relaxed and energized.

ADD-ONS

Enhance your facial, massage or body treatment
with one of our results-driven add-ons.

A Treat for the Feet

45 minutes

This ancient healing art uses therapeutic methods to dissolve tension and restore the body's inner clock. A warm poultice is applied to the feet to remove toxins, alleviate excess fluid and boost the immune system. A stimulating pressure-point massage follows to improve circulation and relieve stress.

Head in the Clouds

30 minutes

Known in India as Champi, this adaptation of a head massage is a traditional remedy for headaches, stress and fatigue. This Ayurvedic scalp treatment incorporates your choice of cooling neem and eucalyptus oil or healing neem and coconut oil to relieve tension and transport you to a state of deep relaxation.

Shirodhara Serenity

45 minutes

Based on ancient Ayurvedic healing therapy, Shirodhara adjusts inner balance by awakening the senses, invigorating the soul and fostering a sense of well-being. During this relaxing experience, the therapist directs a warm stream of oil onto the forehead before delivering a scalp massage to nourish and condition the hair.

Back in Focus

30 minutes

This targeted back massage focuses on eliminating tension and soothing tight, sore muscles. A therapeutic blend of essential oils is applied with deep pressure to remove lactic acid and increase the flow of oxygen in the blood. You will emerge relaxed and invigorated.

Eye & Lip Treatment

15 minutes

The perfect addition to any facial, this fast and effective solution works instantly to minimize lines, wrinkles and puffiness surrounding the eyes and lips.

Radiance Hand Peel by Tata Harper

20 minutes

Restore youthful radiance to one of the first places to reveal our age: our hands. Our 100% natural peel will brighten, smooth, and even the skin's natural appearance for hands that look completely renewed.

SALON SERVICES

Our full-service salon will put the finishing touches on your ideal look. We have a highly trained stylist on staff to help you prepare for special occasions.

Deluxe Wave Manicure
40 minutes

Island Spice Pedicure
60 minutes

Nail Enhancements

Polish Change
French Polish
Shellac Removal
Shellac Polish

Salon Design

Men's Cut & Style
Teen's Haircut
Women's Cut & Style
Shampoo & Blow-dry
Blow-out
Up Do/Special Occasion
Bridal Trial
Deep Conditioning &
Scalp Treatment

Waxing

Providing the highest quality waxing services, our experts use the finest and most gentle products to help you maintain smooth, silky skin.

Back
Back & Shoulders
Lower Back
Chest
Chest with Abdomen
Chin
Eyebrow Shaping
Full Arm
Full Leg
Half Arm
Half Leg
Brazilian
Bikini
Underarm
Upper & Lower Lip

Makeup Designs & Services

Make-up Application

Bridal Make-up & Trial

Lash Application

SPA FOR KIDS

These special treatments provide a great introduction into the world of wellness for our younger guests (ages six to 16 years). A parent or guardian must be present for all services. We highly recommend booking a mother-daughter or father-son spa session for a memorable bonding experience.

Tides Teen Facial

45 minutes

An ideal treatment for teens experiencing hormonal changes or for those wanting to establish a thoughtful skin care regimen. After a thorough consultation, the therapist will choose the most delicate and suitable facial.

Tides Teen Massage

45 minutes

A gentle experience to introduce young adults to the benefits of massage therapy.

Island Bliss Mani-Pedi

45 minutes

A treat for little hands and feet. Includes exfoliation, nail shaping and polish.

(Note: Cuticle removal is not permitted for children under 12 years of age.)

WELLNESS & FITNESS

Find joy in movement and peace in stillness. Breathe deeply and let tension slip away. Along your journey of awakening, you can take part in our complimentary group classes to reinvigorate your sense of self or enjoy a special private session for yourself or an intimate group.

Fitness Center

Located adjacent to the spa, the fitness center features state-of-the-art equipment including cardio and fitness machines.

Yoga

1-3 persons

Whether you are a novice or regular practitioner, our certified instructors—who are trained in a variety of yoga practices such as Hatha, Ashtanga and Jivamukti—will help you find the perfect practice for nurturing your mind, body and spirit.

Pilates

1-3 persons

Toning and choreographed movements strengthen your core while increasing flexibility and balance. You will learn the fundamentals and techniques of mat Pilates while focusing on breathing, alignment and awareness.

Boot Camp

This multi-faceted training program concentrates on building muscular endurance and increasing strength, functional movement, core and metabolic rate.

SPA ETIQUETTE

Spa Hours

The spa is open daily from 8:30 a.m. to 7 p.m.

Treatments are offered Monday through Sunday from 9 a.m. to 7 p.m.

Appointments outside of regular hours may be arranged at an additional cost.

Reservations

Advanced reservations are highly recommended to ensure preferred appointment times and services. Please email spa.jbi@oetkercollection.com, call +1 268 462 6000 ext. 4423/4424, or dial extension 4423/4424 from your in-room telephone to make a reservation.

Arrival

To prepare your body for the deepest therapeutic experience, we encourage you to arrive 30 minutes prior to your scheduled appointment time to take full advantage of our thermal sauna and steam facility. In case of late arrival, we cannot guarantee an extension to your time. Please refrain from consuming alcohol or a heavy meal prior to treatment as this could have a negative effect on your experience.

Spa Amenities

Upon arrival, you will be escorted to your personal spa suite which is equipped with a private shower and amenities. Complimentary fruit, nibbles, teas, infused water and fresh fruit drinks will be available throughout your visit.

In-Room Treatment

The spa offers in-room services for select treatments. A surcharge applies.

Pregnancy

The spa offers specially designed treatments for expectant mothers. Allow us to assist you in selecting suitable treatments for this special time. We also advise you to consult with your physician prior to booking.

Tax & Service Charges

Spa pricing is subject to 15% government tax and 10% service charge, applied to the guest bill upon completion of spa service.

Cancellations

Please provide at least 24 hours' notice of cancellation to avoid being charged in full. No shows will be charged the full treatment rate. For group cancellation policies, please inquire with your group coordinator.



THE JUMBY BAY SPA

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