

SPA LE BRISTOL PARIS

Welcome to Spa Le Bristol Paris, an invitation to serenity in the heart of Paris, far from the tumult of daily life. In a soothing and refined atmosphere where time seems to stand still, we invite you to discover our luxury collection of face and body care Paris, a pioneer in the field of cellular anti-aging therapies.

Opening onto its own garden courtyard and bathed in natural light, Spa Le Bristol Paris immerses you in a serene atmosphere suspended in time, where you will savour our exclusive protocols in the beauty and tranquility of our treatment rooms or indulge in a romantic moment in a dedicated room for two. Extend this moment of absolute well-being by peacefully enjoying a cup of tea or an herbal infusion on one of our private terraces overlooking the serene, landscaped garden. You will also discover Tata Harper's 100% natural philosophy, who has reinvented organic well-being and designed a unique environment at Le Bristol Paris.

Le Bristol Paris has always loved children. From the lobby to the Suites, from the lounges to the garden, from the swimming pool to the restaurants, every detail has been thought out to welcome them. So quite naturally, at Spa Le Bristol Paris too, they are more than ever welcomed. Children can now enjoy a moment of absolute sweetness designed for them by Bonpoint.

KOS
PARIS



Kos Paris Laboratory has designed four unique beauty oils for body and hair exclusively for Le Bristol Paris. The precious concentrates in these exceptional natural products evoke our Parisian Palace's most emblematic corners. Each exquisite oil reflects Kos Paris passion for scouring the world for rare plants with unique virtues and an ethical approach that respects the environment as much as the skin. For Le Bristol Paris, the Parisian laboratory designed a signature line based on natural and noble essences in the image of our hotel: refined, of the highest quality and inspired by nature.

Tata Harper, a mother of three of Colombian descent, used her industrial engineering training to embark on a personal mission to design a line of 100% natural and non-toxic treatments. Her team of chemists and biologists research, design and manufacture her skincare line in a laboratory on her certified organic farm in Vermont. Using hundreds of high-performance ingredients produced both on the farm, and throughout the four corners of the world, they developed the natural skincare market's freshest and most effective formulae to eliminate the need for women to choose between beauty and health. For Le Bristol Paris, Tata Harper has designed an exclusive menu of skincare rituals to refresh, rejuvenate and tone the skin with all-natural, non-toxic products.

On the menu, a tender concentrate for the most sensitive skin, inspired by hypoallergenic, protective and natural product from the Bonpoint range. Fluid creams with cotton flower, delicately scented natural oils and serums with orange blossom inspired our expert team to create exclusive treatments specially designed for the well-being of young and old, in close collaboration with Bonpoint.





TATA HARPER AT LE BRISTOL PARIS

LE BRISTOL PARIS AND TATA HARPER, CO-FOUNDER OF THE EPONYMOUS SKINCARE BRAND, HAVE IMAGINED A NEW 100% NATURAL SKIN BEAUTY RITUAL, TO DISCOVER EXCLUSIVELY AT SPA LE BRISTOL PARIS.

BALANCING & GROUNDING FACIAL | 55 / 85 MIN | € 270 / € 330

Using singing bowl ritual and calm-inducing breathing, this treatment encourages positive emotions to soothe your busy mind. A face mapping therapy and kinetique face massage melt away stress and tension. This warming experience will transport you on a sensorial journey

SOOTHE & REST FACIAL | 55 / 85 MIN | € 270 / € 330

Focusing on lymphatic drainage to ease physical tension while the sleep-inducing breathing technique leads to serenity. A truly soothing and calming facial suitable for irritated or inflamed skin, which helps restore the skin's defense system. The result is a healthy complexion and a relaxed state of mind.

QUENCH & COCOON FACIAL | 55 / 85 MIN | € 270 / € 330

Nurture and invigorate both skin and body with this revitalizing treatment including three different massage experiences. Starting with a tension releasing back massage, followed by an oxygenic face massage and finalized with a relaxing décolleté and neck massage. Your skin will be deeply hydrated and oxygenated, looking bright and healthy.

ILLUMINATE & ENERGIZE FACIAL | 55 / 85 MIN | € 270 / € 330

Tuning fork ritual helps to revitalize your body by focusing on facial marma points to remove any internal blockages and stimulate the flow of energy. Your skin will be instantly brighter and refined with the use of natural multi-acid peel in this treatment. Targeted oxygenic massage will repair and strengthen the skin.

CLEAR SKIN & MIND FACIAL | 55 / 85 MIN | € 270 / € 330

Starting with an invigorating foot treatment it relieves aches and pains, hydrates the skin and reduces swelling. A combination of manual and cupping face massage reinforces the skin's natural detox system, maintaining a longlasting hydration level and clear complexion.



LE BRISTOL PARIS SIGNATURE MASSAGE

FACIAL ENERGY MASSAGE | 55 / 85 MIN | € 320 / € 405

An innovative treatment that revitalizes cells and sculpts facial muscles through energy techniques. Combining massage inspired by traditional Chinese medicine, acupressure, lymphatic drainage, and Kobido, this treatment stimulates meridians, enhances blood circulation, and boosts collagen production.

Hydrafacial®

HYDRAFACIAL POUR LE BRISTOL PARIS

THE HYDRAFACIAL TREATMENT DETOXIFIES, REGENERATES, AND DEEPLY NOURISHES THE SKIN FOR AN EXCEPTIONAL RADIANCE. THE PATENTED TECHNOLOGY CLEANSSES, EXFOLIATES AND INTENSELY HYDRATES, PROMISING RENEWED SKIN.

SIGNATURE HYDRAFACIAL | 30 MIN

Exclusively combined with a Tata Harper treatment

This treatment combines three actions: deep cleansing, peeling, and extraction for a deep diffusion of moisturizing, antioxidant, and nourishing actives. The skin is clear and thoroughly rehydrated.

DELUX HYDRAFACIAL | 45 MIN | € 230

A treatment enriched with a booster tailored to the specific needs of the skin for plumped features and an immediate glowing effect. The perfect treatment to enhance the skin before an event.

PLATINIUM HYDRAFACIAL | 60 MIN | € 330

A comprehensive anti-aging action. It minimizes the appearance of wrinkles and fine lines, tones, smooths, and firms the skin. The combination of lymphatic drainage, regenerating booster, and hyaluronic acid results in radiant skin.

FACIAL ENERGY MASSAGE | 55 / 85 MIN | € 320 / € 405

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For even more spectacular results, it is possible to combine the HYDRAFACIAL technology with one of our Facial Energy Massage or Tata Harper treatments.

HYDRAFACIAL + FACIAL ENERGY MASSAGE | From € 510

HYDRAFACIAL + TATA HARPER | From € 325

The most suitable treatments for your skin will be recommended by our experts.



PARENT&CHILD TREATMENTS

FAIRYTALE FACETREATMENT | 30 MIN | € 130 per person

A wonderful tale for a joyful and musical getaway in the world of skin care.

The Fairytale treatment is a joyful getaway in the world of skincare, a playful discovery of the face. The focus is on the sensations of gestures and textures. The child gets carried away by the tale, the rhythm of the music, it is a dance to be enjoyed by your child. (children aged 6 to 12)

REVERIE TREATMENT | 60 MIN | € 240 per person

A moment of care and letting go to share.

The Reverie treatment is a moment of sharing during which parents and children live in unison an experience of care and letting go. Children become aware of the importance of breath and the benefits of a facial and body treatment. Here parents and children receive the same care. (children aged 12 to 16)

MAGICAL GATEWAY | 90 MIN | € 255 € per person

A body and face combined treatments, for an escape and total well being, face to face with your child. A delicious interlude that continues around a snack created by Pastry Chef. Appeasement and gluttony are the key words of this moment of sharing of which only you will keep the sweet memory. (children aged 12 to 16)

MASSAGES COLLECTION

> SIGNATURE MASSAGES

DEEP ENERGIZER | 55 / 85 MIN | € 245 / € 305

Le Bristol Paris by KOS Paris

A true body workout focusing on the deepest layers of muscle tissue, this massage efficiently relieves tension through various techniques, such as warm-ups, kneading and stretching. This treatment will enhance muscle recovery and reduce physical stress related to the rigors of everyday life.

RELAX & REGENERATE | 55 / 85 MIN | € 245 / € 305

Le Bristol Paris by KOS Paris

This massage enhances harmony between body and mind and provides a soothing sensation of well-being and muscle relaxation. After choosing among the purest oils, you will benefit from a personalized «tailor-made» massage to meet your specific needs of the moment.

FOOT REFLEXOLOGY | 55 / 85 MIN | € 245 / € 305

Le Bristol Paris by KOS Paris

Based on ancestral Chinese medicine techniques, this treatment begins with a relaxing foot bath incorporating the soothing properties of aromatherapy followed by pressure exerted on points and meridians to stimulate the elimination of toxins and restore your body's energy flow. This massage provides total relaxation for body and mind.

«LIQUID GOLD» ORGANIC BODY MASSAGE | 55 / 85 MIN | € 245 / € 305

Tata Harper

Experience total relaxation during this soothing massage, featuring the Tata Harper Skincare Liquid Gold: The exclusive Estate Grown Beauty Complex, made with herbs grown on Tata's Organic farm in Vermont. The Complex's vitamins, nutrients, and antioxidants will leave your skin feeling soothed and nourished, while circulation-boosting massage techniques calm your body and senses.

BODY SHAPING MASSAGE by Tata Harper | 55 / 85 MIN | € 245 / € 305

The ultimate luxury for youthful radiance from head to toe. This complete age-defying body massage smoothes and firms to visibly enhance the elasticity and softness of your skin. A complex blend of Murumuru butter, vitamins and antioxidants tone and tighten the skin whilst also providing deep hydration and relaxation.

> SPECIFIC MASSAGES

MOTHER'S MOMENT : BODY TREATMENT FOR MOTHERS-TO-BE | 55 / 85 MIN | € 245 / € 305

Tata Harper

The perfect pampering moment for all mothers-to-be. A soothing full body massage using nourishing, 100% natural ingredients leave your skin soft and smooth, and relieve feelings of tension and heaviness. You will relish this precious moment of calm, relaxation, and support during a time of constant change. From 3 months of pregnancy.

OSTEOPATHY OR KINESIOTHERAPY MASSAGE | 55 / 85 MIN | € 280 / € 340

Le Bristol Paris by KOS Paris

After determining your areas of tension and imbalance, our specialist will effectuate a deep manipulation of your body to relax muscles and joints. This methodical massage provides well-being and relief.

VODDER'S METHOD: LYMPHATIC DRAINAGE | 55 / 85 MIN | € 315 / € 385

The lymphatic drainage is a draining massage that stimulates the organism in order to accelerate its elimination processes. The metabolism is accelerated, by a deep detoxification of the body and a real feeling of well-being. The silhouette is fitted, refined and sculpted.

RENATA FRANCA'S METHOD: DRAIN & REMODEL TREATMENT | 55 / 85 MIN | € 315 / € 385

The lymphatic drainage is a draining massage that stimulates the organism in order to accelerate its elimination processes. The metabolism is accelerated, by a deep detoxification of the body and a real feeling of well-being. The silhouette is fitted, refined and sculpted.

RENATA FRANCA'S METHOD: MIRACLE FACE | 55 MIN | € 315

The Miracle Face is a facial massage designed to drain excess liquids in the face as well as deflate and redraw its contours. From the first session, the face is decongested and detoxified, bringing an immediate lifting effect. This treatment re-oxygenates the tissues and stimulates the production of collagen. It engages a real anti-aging process, improving and maintaining the quality of the skin. The Miracle Face is a promise of a curved, sculpted, plumped and redesigned face as well as a feeling of well-being and deep relaxation.



PACKAGES

MIDNIGHT IN PARIS | 4H | € 750 per person

Le Bristol Paris by KOS Paris

- Two relaxing foot baths and foot scrubs with essential oils (20 min)
- Two Massages Collection of your choice (85 min)
- Two facial treatments (55 min)
- Private duo spa suite with private steam room, whirlpool, and garden terrace (60 min)
- Two glasses of Champagne served with savory canapés by our Chef Arnaud Faye.

JUST FOR HER | 4H10 | € 825

Le Bristol Paris by KOS Paris

- Body scrub with aromatic salts (60 min)
- Massage Collection of your choice (55 min)
- Facial treatment (85 min)
- Private treatment room with garden terrace (30 min)
- Glass of Champagne with savory canapés by our Chef Arnaud Faye.

PARISIAN GATEWAY | 3h10 | € 720

Le Bristol Paris by KOS Paris

- Relaxing bath and foot scrub with essential oils (20 min)
- Collection Massage of your choice (55 min)
- Facial treatment (85 min)
- Treatment room with private garden terrace (30 min)
- Le Bristol Signature tea served with one of our pastries of the day by our Pastry Chef.

JUST FOR HIM | 2H40 | € 635

Le Bristol Paris by KOS Paris

- Deep Energizing Massage (55 mn)
- Men's skincare (55 mn)
- Scalp massage (20 mn)
- Private treatment room with garden terrace (30 mn)
- Vitamin cocktail of fresh fruit juice by our Chef Arnaud Faye.

SPARK OF RADIANCE | 2h25 | € 550

- Massage Collection (30 min)
- Facial treatment (40 min)
- Classic manicure and nail polish (45 min)
- Treatment room with private garden terrace (30 min)
- « Booster » cocktail

THE REFRESH: ORGANIC PACKAGE | 3H10 | € 650

Tata Harper

- Relaxing bath and foot massage (20 min)
- «Liquid Gold» Body massage (55 min)
- Tata Harper facial (85 min)
- Treatment room with private garden terrace (30 min)
- Our Chef detox juices and snacks.

FREE SPIRIT | 2h35 | € 595

Tata Harper

- Hammam and essential oils Tata Harper (15 min)
- Lymphatic Drainage (55 min)
- Tata Harper facial (55 min)
- Privatization of the wellness cabin, testing a Tata Harper tea (30 min).

For packages, the semi-permanent polish removal and application is not included.

SIGNATURE RITUALS

FOUR-HAND MESSAGE FOR THE BRISTOL TRAVELER | 55 / 85 MIN | € 315 / € 415

La Bristol Paris by KOS Paris

A moment of absolute relaxation! Our perfectly synchronized four-hand massage liberates your body of every tension. The combination of different massage techniques with wide and deep movements creates the sensation of total relaxation. Warm towel compressions, combined with the subtle fragrance of Le Bristol Paris by KOS oil, provide an incomparable feeling of well-being while enhancing joint flexibility.

BALANCE & GROUND BODY RITUAL | 110 MIN | € 395

Tata Harper

Beginning with the gentle placement of singing bowl on the body for immediate serenity. Full body scrub that softens and revitalizes the skin is followed by a body wrap rich in honey and pomegranate enzymes to nurture the skin. A relaxing body massage completes this unique pampering experience.

RESURFACING BODY TREATMENT | 85 MIN | € 325

Tata Harper

With dry brushing for the whole body and temperature-varied Gua Sha stone body massage, this powerful renewing treatment uses Tata Harper's Resurfacing Serum applied universally with a silky body brush to give you the ultimate glow from head to toe.

BODY EXFOLIATION

EXFOLIATION WITH AROMATIC SALTS | 60 MIN | € 235

Le Bristol Paris by KOS Paris

This invigorating scrub begins with a warm application of oils by Le Bristol Paris by KOS on your skin. This preparation, composed of sea salts and oils selected according to your specific needs, is methodically integrated into the epidermis with circular movements to eliminate dead cells and stimulate blood circulation, leaving your skin silky and luminous.

BEAUTIFULLY BUFFED: ORGANIC BODY SCRUB | 60 MIN | € 235

Tata Harper

Feel perfectly polished from head to toe. The Tata Harper 100% natural body scrub, with a powerful blend of five biodegradable exfoliating particles, buffs and polishes to stimulate your skin and remove surface impurities for a soft, smooth, plump look.



BEAUTY

BEAUTY FOR HANDS AND FEET

- Classic manicure 25 MIN € 75
(Nail filing, cuticles)
- Spa Manicure 45 MIN € 125
(Nail filing, cuticles, hand scrub and massage)
- Classic Pedicure* 25 MIN € 75
(Nail filing, cuticles)
- Spa Pedicure* 60 MIN € 125
(Nail filing, scrubbing, treatment of callouses, cuticles, massage)
- Classic nail polish 1944 € 45
- French nail polish € 50
- 1944 Semi-permanent manicure or pedicure € 130
- OPI Semi-permanent manicure or pedicure € 140

MAKE UP

- Make Up Artist 60 MIN From € 280

WAXING

- Full leg 45 MIN € 135
- Half leg 25 MIN € 95
- Arms 25 MIN € 85
- Underarms 15 MIN € 65
- Bikini 30 MIN € 85
- Brazilian Bikini / Full 50 MIN € 145
- Eyebrows, Lip or Chin 15 MIN € 50
- Back 45 MIN € 105

TINTING AND ENHANCEMENT

- Eyelash tinting 15 MIN € 75
- Eyebrow tinting 15 MIN € 75
- Eyelash enhancement and tinting 60 MIN € 230

HAIRDRESSING**

- Women and Men
 - Haircut From € 185
 - Blow-dry From € 220
 - Shampoo / Blow-dry From € 250
 - Hairstyling From € 300
 - Bride Trial From € 280
 - Wedding Hairstyle From € 420
- Special hair treatment on request From € 180

*All our pedicures are aesthetic treatments with no medical purpose.
**All hairdressing services can be provided in your room.



FITNESS

PERSONALIZED FITNESS SESSION WITH PERSONAL TRAINER | 60 MIN | € 175

Our personal trainers offer customized fitness programs tailored to your goals to improve your athletic performances or continue your fitness program away from home.

OUTDOOR CIRCUIT TRAINING | 60 MIN | € 175

Le Fitness du Bristol offers outdoor fitness programs for those who wish to vary their usual routine while enjoying Paris' legendary sites. Our experienced coaches are happy to develop customized programs that combine the discovery of Paris while achieving your athletic goals.

REHAB STRECHING | 60 MIN | € 175

Le Bristol Paris offers stretching sessions; a complete activity that features slow posture sequences to loosen the joints and stretch the muscles of the body. Rehab stretching is ideal for alleviating jet lag.

YOGA | 60 MIN | € 175

Our yoga teachers are at your disposal to help you discover and practice a yoga method to achieve physical and spiritual well-being. Yoga facilitates mental and muscular relaxation almost instantaneously and helps to develop suppleness and a spirit of perseverance and concentration over time.

PILATES | 60 MIN | € 175

Pilates is a training method inspired by yoga, dance and gymnastics that helps to develop your deep musculature and improve posture and muscle balance. The principles of Pilates are concentration, control, core centering, breathing, fluidity and precision.

BODY RESHAPE | 60 MIN | € 175

Sculpt, tone and slim your silhouette with this perfect sequence of exercises for incomparable results. This method is based on the concept of interval training alternating muscle building and core cardiovascular exercises to burn fat, stretch and lengthen your muscles and body.

The fitness and swimming pool are reserved for the hotel guests.



HOW TO ENJOY SPA LE BRISTOL PARIS

FITNESS AND SWIMMING POOL SPA LE BRISTOL PARIS

EVERYDAY - FROM 6:30 AM TO 10:30 PM
EVERYDAY - FROM 9 AM TO 9 PM

ARRIVAL AT THE SPA

We invite you to arrive 20 minutes before the time of your appointment to allow you to change in total tranquility and enjoy the Spa's facilities before your treatment (bathrobes and slippers are provided). Any delay will result in a reduction in the duration of your treatment without a commensurate reduction in price.

GIFT VOUCHERS

A moment of absolute relaxation at Spa Le Bristol Paris is the perfect gift for any occasion. Our gift vouchers, available at the Spa, are issued in the name of the recipient and valid for a period of one year. Vouchers may not be exchanged or refunded.

SPA BOUTIQUE

To extend your Spa Le Bristol Paris experience, a boutique area is at your disposal at the Spa reception desk, where you'll find the products used during your ritual, as well as a wide selection of swimwear and accessories.

HEALTH

We thank you for sharing any useful information about your health, allergies or injuries at the time of your reservation. A health questionnaire must be completed prior to any treatment. This procedure is mandatory in order to provide you with a service tailored to your needs. We recommend that you check with your doctor to confirm that it is safe for you to use the hammam before your treatment. Heat is not recommended for people with hypertension, circulatory problems, asthma or breathing difficulties.

FITNESS

A personal coach is at your disposal for private lessons. For all reservations or information, please contact our Spa reception. We recommend that you book at least 24 hours in advance to ensure that the requested time slot is available. Children under 16 must be accompanied by a parent or a responsible adult.

SPA PACKAGES

For additional information on our Spa Le Bristol Paris packages or special group offers, please contact the Spa at +33 (0)1 53 43 41 67. Reservations must be made at least 24 hours in advance.

PREGNANCY

We offer specific treatments for expectant mothers. Our Spa receptionists are able to guide you in choosing the best care for this special moment in life. Treatments can be booked from the second trimester of pregnancy.

LOSS OR DAMAGE OF PERSONAL BELONGINGS

We do not accept liability for loss or damage of personal effects. We recommend you keep your valuables either in the locker provided in our locker room or in your room safe if you are a guest at the hotel.

SWIMMING POOL

The pool, located on the hotel's 6th floor, is strictly reserved for Hotel guests. Children under 16 must be accompanied by a parent or a responsible adult. Bathrobes, towels and slippers are available at your disposal.

CANCELLATION POLICY

In case of cancellation or modification of your treatment at Spa Le Bristol Paris, please let us know before 9:00 pm the day before your appointment. After this deadline, or in case of a no-show, we will be forced to charge you the full amount of the treatment. In case of a delay of 30 minutes or more, a fee of 50 euros will be charged for every 30 minutes.

HYGIENE RULES

For the sake of hygiene and cleanliness and to ensure the safety and health of our guests and teams, all of our equipment is cleaned and sterilized after each treatment and each use by our guests.

RESERVATIONS

We strongly advise you to book your treatment at least one day in advance to ensure that the desired time slot and services are available. We will request a credit card number from non-Hotel guests to secure an appointment. For guests staying at the Hotel, a card confirming your appointment will be delivered to your room. Non-Hotel guests will receive an email or a confirmation call the day before an appointment.

HAIRDRESSING SERVICE

Our hairdressing services in room are exclusively reserved for Hotel guests.

ROOM SERVICE

You can request to have a massage, manicure or pedicure in your room. You can easily reach us to make a reservation by pressing the «Spa» key on your room telephone. An additional €50 per treatment will be charged for this service. For any treatment provided outside the Spa's opening hours,

-an additional 50% of the treatment cost will be applied between 7.00am and 9.00am / 9pm and 11pm.

-an additional 100% of the treatment cost will be applied between 11.00pm and 7.00am.

CELLPHONES

Our Spa is a place of calm and relaxation. To respect the tranquility of all of our guests, we kindly ask you to turn off your cell phone and other electronic devices. If you are waiting for a phone message, please notify our receptionists, who will be happy to assist you.

DRESS CODE

For the sake of comfort, Hotel guests are permitted to visit the Spa in their bathrobe. Disposable underwear is at your disposal for treatments. If you forget your swimsuit, please note that swimwear is available for purchase at the Spa reception.

CHANGING ROOMS

For your comfort, our changing rooms are at your disposal, where you'll find bathrobes, slippers and all the necessary accessories.



LE BRISTOL
PARIS

OETKER COLLECTION

Masterpiece Hotels